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Democratic candidate for governor visits campus, discusses election

BY CLARISSA GRUNWALD

Staff Writer

John Hanger, a Democratic gubernatorial candidate, hosted a meet-andgreet with students, faculty, and professional staff in New College House (NCH) Wednesday. The event, which was open to Lancaster residents, was made possible thanks to the efforts and sponsorship of F&M's College Democrats and NCH.

Currently, Hanger is running for the Democratic nomination in the primary election alongside six other candidates, including Thomas Wolf and Alison Schwartz.

"[The event was] an excellent way for students to connect to the political atmosphere where they attend school and to get opportunities to volunteer or simply to be informed voters," said Cameron Koob '16, treasurer of the College Democrats. Koob hopes attendees gained an interest in state politics, as well as an understanding of what it takes to run for governor.

At the event, Hanger discussed his proposed policies and fielded questions from the audience. Some of the key points of his platform include reversing cuts to public education made by Corbett, and improving accountability in both public and private



John Hanger, a Democratic candidate for governor of Pennsylvania, spoke at a question-and-answer session last Wednesday in New College House.

schools, promoting green energy in the state, and the legalization and taxation of marijuana.

Additionally, he criticized his competitors' spending on the election, pointing out that he is running a grassroots campaign and supports government financing of the governor's

"I'm not trying to buy the election," he said. "I'm running a true people's campaign. Voters have to decide if they really want a big-money

campaign to win or a true people's campaign."

Born in Kenya and raised in Ireland, Hanger moved to the United States at the age of 12 before becoming a citizen seven years later. After attending Duke University, he received a law degree from the University of Pennsylvania, starting his career as a public interest lawyer representing low-income clients. He mainly took on cases with customers of the Philadelphia Gas Works and Philadel-

phia Water Department. According to Hanger's website, this was the beginning of a political career that continues to emphasize the importance of the environment, both biologically and economically.

In 1998, Hanger established Citizens of Pennsylvania's Future, or simply PennFuture, which focuses on improving the state's environment and economy. In addition, Hanger has served as the Secretary of the Department of Environmental Protection and Commissioner of the Pennsylvania Public Utility Commission, where he helped pass the Electricity Generation Customer Choice and Competition Act, which allows Pennsylvania residents to choose their own electric supplier or find ways to generate their own electricity.

Despite his experience working under previous governors, Hanger has never held an elected government

Due to his diverse background, Hanger's visit was promoted to students who are interested in both politics and the environment. In that vein, the meet-and-greet was even held in NCH, a building designed to be

see VISIT, page 2

First-year seminars, Foundations classes replaced with new Connections courses

BY STEVEN VIERA

News Editor

The College recently announced changes to its curriculum that would replace Foundations courses and first-year seminars with Connections. The courses, which have been in development since 2011, are the result of significant effort and consideration from members of the faculty.

The main change to the curriculum is the cessation of all firstyear seminars and Foundations courses. Instead, the College will offer "Connections" seminars, velop new CNX courses, as well split into Connections 1 (CNX 1) and Connections 2 (CNX 2), which

emphasize close reading, writing, critical thinking, speaking, and information literacy skills. While the content of CNX 1 and CNX 2 classes may differ, CNX 2 courses are designed to build on skills taught in CNX 1. Each seminar will be capped at 16 students.

"We believe that this will provide stronger grounds for students during their four years at F&M," said Carmen Tisnado, associate dean of the faculty and professor of Spanish.

The faculty is working to de-

see CURRICULUM, page 2

Civil Rights Week invites discussions of equality, tolerance in modern America

BY LAYTH ISMAIL

Contributing Writer

F&M's Black Student Union (BSU) held its second Civil Rights Week this past week, hoping to promote campus discussion of the issues civil rights issues. Throughout the week BSU organized and held several events, including an open mic night, a Common Hour speaker, and more.

Cayla Young '15, president of BSU, believes the main principle behind Civil Rights Week is education and its central role in promoting equality.

"We should not ignore anyone else in our fight to be equal, and one way we can achieve equality is by educating one another about things that are happening in the world and encouraging people to have conversations and take action," she said.

Several events and displays went on during the week to encourage dialogue. From Monday to Thursday, 18 hoodies were hung on portable walls in the atrium of the Steinman College Center (SCC),

see RIGHTS, page 2

Due to Spring Break, *The College Reporter* will not publish next week. We will resume publishing the week of March 24. Enjoy your break!

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Viera's Crime Watch



Thursday, Feb. 20, 8:30 p.m.—A student reported seeing lights coming from inside his or her home on the 400 block of Mary St. Officers from the Department of Public Safety (DPS) inspected the home and found no one inside and no signs of forced entry

Friday, Feb. 21, 12:15 a.m.—There was a noise complaint at 640 College Ave. DPS issued a warning to

students

Friday, Feb. 21, 10:00 a.m. — A student reported the theft of his or her keys from his or her door in Schnader hall.

Friday, Feb. 21, 2:45 p.m.—A student reported someone had entered his or her car and rummaged around but took nothing.

Saturday, Feb. 22, 11:53 p.m.—There was a noise complaint at 640 College Ave. DPS issued a warning to students.

Sunday, Feb. 23—A student reported that his or her car was keyed on the 600 block of College Ave.

Sunday, Feb. 23, 12:19 a.m. — DPS shut down a party at 640 College Ave.

Tuesday, Feb. 25, 8:00 p.m. — There was a report of a non-student in Bonchek College House. DPS searched for the individual and escorted him or her out of the building.

Thursday, Feb. 27— There was a report of vandalism in the men's fourth-floor bathroom of Thomas Hall.

Friday, Feb. 28, 1:08 a.m.—There was a noise complaint at 640 College Ave. DPS shut down the party.

Viera's Advice

Keying cars? Vandalizing bathrooms? There's easier ways to give people your phone number, you know. No need to resort to high school tactics.

The College Reporter Corrections Policy

The College Reporter welcomes comments and suggestions, as well as information about substantive errors of fact that call for correction. Contact us via email at reporter@fandm.edu or at (717) 291-4095.

The College Reporter Story Idea Submission Policy

The College Reporter welcomes story ideas from the college community. If you have or your organization has an idea for a Reporter story, email it to us at reporter@fandm.edu with the subject heading "Campus Story Idea" by Monday at noon the week before publication. Story ideas will be accepted at the discretion of the Editorial Board.

Visit: Hanger believes platform sets him apart form other Democratic candidates



photo by Scott Onigman '15 Hanger discussed his platform of green energy, education reform, and more.

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environmentally conscious and a recipient of a silver Leadership in Energy and Environmental Design (LEED) certification.

Currently, Hanger is campaigning for governor while working at Eckert Seamans, a law firm and political lobbying group. His next scheduled political appearance is on Apr. 11, where he will attend a debate in Gettysburg, Penn.

Following the event, Hanger discussed the qualities he feels differentiate him from other candidates and make him right for the governor's office.

"I have a college affordability plan that would allow all Pennsylvanians to go to two years of community college and one year of state university without incurring debt," he said. "I'm the only candidate with a comprehensive job plan that creates 382,000 jobs. I'm the only candidate who has written a moratorium on gas drilling in state forests that, now, Governor Corbett is trying to rip up. I'm the only candidate who is standing for legalizing and taxing marijuana. I'm the only candidate who wants to hold all charter schools accountable and not allow funding to those schools that don't do a good job. There are a lot of issues and plans that I have that are unique and set me apart."

Students interested in volunteering or learning more about Hanger's campaign can visit his website at www. hangerforgovernor.com.

First-year Clarissa Grunwald is a staff writer. Her email is cgrunwal@fandm.edu.

Curriculum: Changes come after two years of discussion, effort by faculty members, staff

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as modifying former first-year seminars and Foundations to fit the new model. Examples of CNX courses include "Genes and Medicine," "The 'I' of Music," "Civil War Fictions," "The Pill and Viagra," "Why Shakespeare?" and more.

Additionally, further changes to the curriculum include the elimination of double counting, in which one class satisfies two requirements; for example, a class that fulfills both an art and a non-Western requirement will now only count for one or the other.

In 2004-2005, the faculty voted to make revisions to the curriculum, with a focus on re-evaluating the Foundations component, according to Edward E. Fenlon, associate professor of chemistry. Then, in 2011, they voted again to revise the entire curriculum—not just Foundations.

Both Tisnado and Fenlon pointed out that F&M reviews its curriculum about once every 15 years.

"The process was typical for F&M—it was extremely thorough and detailed, and all aspects of teaching and learning were carefully considered," Fenlon said. "It took over two years to complete."

In August 2011, F&M's Educational Policy Committee (EPC) will take expression on the Curriculum, where several working groups were formed to address different aspects of revisions to the curriculum. Then, fandm.edu.

in the Spring 2012 semester, the faculty elected the Curricular Review Steering Committee (CRSC) and junior faculty elected a Junior Faculty Advisory Committee (JFAC); after extensive research and effort, the CRSC and JFAC presented different models to the faculty for discussion and debate.

"In April 2013, the faculty voted to adopt what we are calling the Connections curriculum," Tisnado said.

Aside from faculty who served on committees like the CRSC and JFAC, many faculty members and professional staff from various offices participated in the review process. According to Tisnado and Fenlon, Alan Caniglia, vice president for planning and vice provost, and Christine Alexander, College registrar, assisted the revision efforts by providing important data to the committee.

"This was a campus enterprise," Tisnado said.

Now, the process moves away from planning and towards putting the changes into practice.

"Finally, during the implementation planning stage, the Connections Program Committee (CPC) has worked with EPC to ensure a smooth launch," Fenlon said.

The changes to the curriculum will take effect beginning in the Fall 2014 semester.

Sophomore Steven Viera is the News Editor. His email is sviera@fandm.edu.

Rights: Discussions on campus promoted through events by Black Student Union

continued from page 1

each describing incidents similar to the story of Trayvon Martin, the unarmed Florida teen who was shot and killed in 2012. On Tuesday and Wednesday, BSU sold tshirts and gave free buttons to students. At the Dining Hall Tuesday night, BSU held a Trayvon Martin Remembrance Ceremony and Soul Foods gathering. Additionally, on Thursday, BSU held an open mic in the SCC.

"We wanted to broaden our focus this year," Young said. "Last year was about the Trayvon Martin case and how it affected civil rights. This year, we looked to talk about civil rights by means of race, gender, sex, etc."

In keeping with the goal of discussing gender and sex during Civil Rights Week, the Alice Drum Women's Center sponsored a women's panel and discussion on Monday night in Stahr Auditorium in Stager Hall, which focused on the intersection of gender and civil rights issues.

BSU also hosted Michael Eric Dyson, an author and professor of sociology at Georgetown University, who spoke at Common Hour on America's progress towards equality and the continuing importance of civil rights today. This came after last year's Civil Rights Week, during which BSU brought Cornel West, an activist, author, and scholar, to campus for a Common Hour lecture.

Civil Rights Week was created by Chyann Starks '13 following the death of Trayvon Martin. Realizing that not many people were aware of the incident, Starks sought to educate members of the F&M community about the many facets of civil rights and their impact on people living today.

Young also believes in the importance of Civil Rights Week and looks forward to hosting it again.

"I would imagine that we would use the portable walls for displaying things all week long," she said, discussing potential ideas for next year. "Other events are unique to the speaker that we choose, therefore, they will be different."

First-year Layth Ismail is a contributing writer. His email is lismail@fandm.edu.

Opinion & Editorial

Staff Editorials

F&M provides the tools for bright futures

As a senior rounding out my last month or so of college, I've been getting the ever-dreaded question recently. It goes the same every time: I'll be engaging in a conversation, oftentimes with an adult or an older person; a suspicious beat in the conversation will arise as the other person contemplates whether or not it is appropriate to ask me "the question," and then they go for it: "Do you have any plans for next year?" Inevitably, the other person cringes as if they've accidentally just stabbed me in the chest and braces for the worst.

The only thing is, I really don't mind this question! I know that sounds like a defense mechanism or as though I'm trying to assuage the fears of adults who want to ask us about the future. The actuality of why this question is a good point of discussion is actually a lot more complicated than that — and 100 percent cheesier than what you may be expecting.

Here's the truth: us (seniors) not having jobs / getting into schools by the time graduation days rolls around is an extremely real and terrifying possibility. But the fact of the matter is that during my time at F&M, I have realized something very important: going to a small, liberal arts school that emphasizes activeness and pro-activeness does not make me qualified for a job. It makes me qualified for many jobs. Learning to extemporaneously ask questions after a particularly provocative Common Hour, or allowing myself to be absorbed into the poetry of an author I've never read during an event at the Writers House — these are important life skills. Learning how to function in a community and realizing that every move you make may affect how people perceive you — this is a valuable truth in life. Being so busy that sleep or downtime are constantly nothing more than a possibility at the end of a treacherous journey gives us a work ethic that can't be matched, and an unbeatable level of dedication. At the fourth most rigorous school we learn to value the little things, such as professors delivering us with a bit of praise or finally finishing a project we've been working on for two weeks. In these ways, F&M has prepared me for anything a job may be able to throw at me — and much more.

Now, all I can do at this point is really sit back and hope that a future employer is not reading this with a raised brow that says, "What a cocky individual." Instead, I hope that this message of confidence and coolness is transferred to my fellow job-searching readers. With an impressive repertoire of majors under our belt we are prepared; but with the knowledge that we have used our time at F&M to develop into well-rounded and interesting individuals, we should know that we will be able to find the place for us.

For these reasons, it's extremely important for superiors to ask us questions about what we're interested in doing next year. We should be able to express a plethora of opportunities that we're interested in pursuing. We should be excited to think about all of the prospects that are available to us as a result of the education we've experience, and we should realize that we should not be terrified to talk about all of the different options.

Yes, we are in a terrible job market, and moving back in with our parents for a few months may sound worse than only eating Dini's for the rest of your life (not you, Mom and Dad, if you're reading this...just some students in general). But floundering for a moment may be the best way to assure that when we do accept a job, we will be so grateful to put the tools we've harnessed to use and rise up the success ladder at a rapid pace. Perhaps we are not like our parents' generations where one could choose an occupational destination and pursue it immediately — but perhaps that makes us lucky to have a broader horizon and so many different possibilities to pursue.

Along with this message to fellow students, I also want to tell professors and other older members of the community: do not be afraid to ask us this dreaded question. It is important for us to talk about the future, and begin to solidify our aspirations. If we pigeonhole ourselves to one school, one profession, or one field, we are degrading the experience that we have had at F&M. And to those of you who know what you're doing next year, congratulations! Now, help the rest of us out.

Sara Blank is a senior English major, and is the Opinion & Editorial editor for The College Reporter. Email her at sblank@fandm.edu

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Full Staff Opinion

Connecting the dots

The school recently decided to make some major overhauls to its curriculum, especially as it relates to Foundations courses and the way that credits are counted for the degree audit. Instead of Foundations courses and a first-year writing seminar, starting next Fall students will have to take two Connections courses, which will combine the interdepartmental nature of Foundations and the writing skills first-year seminars provided. We at *The College Reporter* applaud this change as we think that it provides a much better approach to interdepartmental learning and a more even way of beginning freshman year.

We have noticed that the first-year seminars were very disparate in the way they were held and graded. Some students were crushed under an unreal load of papers while others went to class and ate chocolate. We think the connections system will work to improve this difference and provide a more homogenous first-year experience, as well as addressing some of the problems faculty have expressed in not always wanting to teach outside of their specialty.

However, while the combination of the first-year seminars and Foundations courses into Connections courses promises to offer many benefits, it was not the only change made to the curriculum.

The College has also decided that it will be eliminating the process of double counting class requirements for majors or graduation requirements. This means one class, for example, that is both an art class and a non-western can only fulfill one requirement for a student. We are unsure how this change would affect major and minor requirements, and want to make sure it would not inhibit the students' academic exploration, which is a critical component of a liberal arts education. While we understand distribution requirements promote exploration, we also recognize the importance of flexibility within scheduling for students to fully pursue their own academic interests, especially for students interested in double majoring or minoring. We also wonder if this change will complicate the process of registration for students.

Overall, we appreciate the effort the College is making in adapting the curriculum to ensure the best overall growth and development of its students but, at the same time, we would like clarification regarding the new double counting policy and how it will affect the academic flexibility of students.



The College Reporter

Transparency. Accuracy. Credibility.

THE INDEPENDENT STUDENT NEWSPAPER OF FRANKLIN & MARSHALL COLLEGE

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The College Reporter office is located on the second floor of the Steinman College Center.

Address all correspondence to The College Reporter, F&M #27 P.O. Box 3003, Lancaster, PA 17604.

Email: reporter@fandm.edu Business Email: reporterads@fandm.edu Phone: (717) 291-4095. Fax: (717) 291-3886.

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Senior Editor

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Guest Commentaries

Tea Party holds GOP hostage

Far right convinced of liberal menace, impinges on productivity

et us start by acknowledging something that many Americans refuse to: there is only one major party in America that is both willing and ready to fix our nation's economy, reduce unemployment, and generally pass progressive policies and reforms to improve our nation socially and fiscally, resolving both our foreign and domestic issues.

It is not the Republican Party.

The Grand Old Party is, right now, more focused on saving itself rather than saving our nation. It is under attack from its own base, which the media calls the Tea Party. They are attacking moderate, center-right, and even very conservative present Republican officeholders for being too centrist, or liberal, or democratic. Stronger epithets have been used, but the point is that the ultra-conservative Republican base views the "establishment" of the party as too allied with President Obama, too beholden to Wall Street, and too willing to promote progressivism.

They are partially right. But, as usual, for the wrong reasons. The Republican leaders, as ostensible leaders of our nation (John Boehner is the Speaker of the House after all, one of the most powerful men or women in the nation and by extent the world) must cooperate at least a bit with the president. That's how a government works. As the voters seem to have chosen a divided government (gerrymandering and Republican trickery aside) neither the Democrats nor Republicans, or liberals or conservatives, can implement policy or govern without the other. If there is no cooperation, no bipartisanship at all, things cannot get done.

This is why the Republican leaders are too "moderate" to the point of being Democrats, in the Tea Party's eyes. They don't really want to work with the Democrats, they want to run D.C. their way. But to do so, they have to score political points, especially with independents and minorities—this is why Boehner is so eager to work with President Obama on immigration reform. He recognizes that the GOP cannot afford to keep losing all the demographics that are growing in this country. It's simple political math.

And you cannot win elections without Wall Street money. As much as I hate to admit it, under the current rigged system, you must spend millions of dollars to become a senator, or governor, or representative. And the cost to buy office, even at the local level, is rising. The Tea Party, though much less hostile towards Wall Street than the Democrats, are alarmed that Wall Street and other business interests are pressuring Republicans on issues such as LGBT rights and immigration reform (see: http://thinkprogress.org/sports/2014/02/25/3327381/arizona-superbowl-committee- urges-veto-states-license-discriminate-law/# and http://talkingpointsmemo.com/livewire/ wallstreet-journal-boehner-immigration-reform-talk-radio).

The thing is, even though wealthy interests are (short-sightedly) predominantly fiscally conservative, they tend to be somewhat socially liberal, or at least have been forced to do so because of business considerations. After all, some of their customers and employees may be gay, or immigrants.

The truth is, though, that the Republicans are afraid of their own members, and they should be (see: http:// www.usatoday.com/story/news/politics/2014/02/23/tea-party-establishment-races-2014/5653423/.) The Tea Party has convinced itself that everyone else is left-wing and that only increasingly conservative candidates can save America, despite any evidence to the contrary or the fact that they are more of a threat to America than any "socialist" policy the president would propose.

If you think I'm exaggerating or outright lying, keep this in mind: many Republicans (both Tea Party and non-Tea Party) have voted to destroy the global economy by defaulting on our debt. (see: http://www.huffingtonpost. com/mitchell-bard/lesson-from-the-house-deb b 4776005.html and http://www.bloomberg.com/news/2013-10-07/a-u-s-default- seen-as-catastrophe-dwarfing-lehman-s-fall.html.)

This is more of an argument against the Republican Party than for the Democratic Party, but at least the Democrats (frustratingly perhaps) do not have a Tea Party problem. Trust me, they are not scared of left-wing challengers; they can't threaten them, affect policy, or set their agenda. If you look at most of the campaign websites for Democratic lawmakers, most of them reek of centrism, moderation, "independence," and bipartisanship. Good luck finding many campaign sites like those for the GOP. Don't we deserve a government that takes governing seriously?

Nicholas Riebel is a first-year contributing writer. Email him at nriebel@fandm.edu.

Choose kindness over cruelty

Student longs to foster campus environment of peace

It isn't enough to talk about peace. One must believe in it. And it isn't enough to believe in it. One must work at it." -Eleanor Roosevelt

used to think I was courageous. I considered myself to be someone who stood against injustice and fought for the mistreated no matter the situation. Whenever I heard someone use the word "retarded" in place of a negative adjective, I made sure to stand firm and call them out (not the best way to make friends, but I've always been too disgusted to keep

Yes, in my eyes I was courageous, a warrior for justice, a modern-day Eleanor Roosevelt. This was how I saw myself until last semester, when I watched one of my fellow classmates relentlessly berate our professor.

It was definitely SPOT-form season; students itched to get out of class, exhausted from studying for exams. As my classmates began the evaluation, I overheard a conversation in the far side of the room. As the student's voice escalated, I realized she was bashing our instructor with insults so vile they'd make your skin crawl. By the level of volume she was using, I could tell that she wanted EVERYONE to know how much she hated this woman.

I was blown away. The student's words were so abusive it felt as if the air had been knocked out of my lungs. Even more so, I loved this professor. I actually thought she was one of the most eloquent people I'd ever met, not to mention the fact that she bent over backwards to help out students. And yet,

Looking back on the situation, I wish I told her to keep her comments to herself and to stop being so incredibly disrespectful, but I did not. The shock was too severe, and then the moment was lost.

A few days after the incident occurred I woke up startled in the middle of the night. I realized what was wrong: I was overwhelmed by guilt for not standing up for my professor and suppressing the student's words of

Hatred on this campus needs to end.

The day I let that student's comments go unchecked, I felt as if I had failed my namesake, Mrs. Roosevelt. By not standing up to my classmate, I was committing an injustice myself. I was helping to foster an environment that let cruelty thrive and injustice parade free.

I think frequently now of Eleanor Roosevelt and her steps towards making the world a more righteous place. I think about how she drafted the Universal Declaration of Human Rights during a time when women were deemed inferior. Reflecting on all of her accomplishments, I feel energized and empowered. If Mrs. Roosevelt could climb to such heights with such barriers, why couldn't I? Since that moment, I've made a promise to her and myself. A promise that I will not tolerate hate anymore. Not on my campus, not in my community, not on my planet! I promise to stand up against injustice when I encounter it from this point forward.

Now I turn to you, my fellow Fummers, to stand up with me in this movement towards civility. Let's think of what we are saying about one another and remember that we are on the same team. We all want to make the world a better place, to have great accomplishments, and to lead productive lives. In order to do so, we must return to the basics. We must come together as a unified F&M and strive for civility, each day choosing kindness over cruelty.

Nellie Garlow, a senior public health major, is a contributing writer. Email her at eleanor.garlowe@fandm.edu.

ICES Around Campus SPRING BREAK

FOREVER What are you doing during Spring Break

this year?



"I'm staying on campus, and my friend is coming over to visit me near the end of break."

Nikoloz Lelashvili. '15



"I'm going home and sleeping!" Sarah Ratner, '14



"I'm going home and hanging out with my friends and family."

Travis Barnette '15



"I'm going to visit law schools in D.C. and Philly!" **Carly Campoli** '14



"I'm going to Myrtle Beach for a few days. I've never been before!"

Margaret Hazlett, Dean of the College

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Campus Life

Baker-Pitts speaks on society's misrepresentation of female body

BY JULIA CINQUEGRANI

Campus Life Editor

On Friday afternoon, Dr. Catherine Baker-Pitts spoke to an overflowing audience in Bonchek Lecture Hall about the social and individual pressures women experience in relation to their physical appearances, and the harm these feelings can cause.

Baker-Pitts' talk, "Letting Go of Herself: Disruption and Possibilities for Living in a Body," focused on the anxiety women feel while living in a diet culture that restricts their appetites and promotes body shaming in order to feed profits of plastic surgeons and large corporations.

She also analyzed the implications for women living in a society that judges them based on male standards of beauty, the majority of which are nearly impossible to achieve and devalue the inherent worth and humanity of women.

Baker-Pitts is a private psychoanalyst in New York City and codirector of the postgraduate training program at The Women's Therapy Centre Institute, as well as a founding member of the National Eating Disorders Association.

She began by discussing the disconnect between the representation of female bodies in the media and how these images can cause women to feel alienated from their bodies when they inevitably fail to meet those beauty standards.

Baker-Pitts also explained the meaning behind the title of her presentation, "Letting Go of Herself."

"A woman in my [psychoanalysis] practice was talking to me about how she was worried that she would be seen as letting herself go," Baker-Pitts said. "She was spending less time in the mirror and worrying about her appearance less. After years of reflection on her self-im-

age and how it has been shaped by outside forces, her image no longer dictates how she feels."

Baker-Pitts went on to explain the woman's actions as ultimately empowering.

"She is indeed letting go," Baker-Pitts said. "She is letting go of diet culture, of generations of shame; she is letting go of the critic within. She is embracing her freedom to be in a body."

Baker-Pitts also described her own struggles as a young woman with accepting her body, which caused her to re-evaluate her selfimage in college. "I wasn't sure what I wanted to become, but, from what I could see of the women around me, they were intent on becoming smaller at a time in our lives when our minds ought to be expanding," Baker-Pitts said.

She became very active in feminist groups on campus and began examining issues highly prevalent among women, such as eating disorders, feelings of disembodiment, and the sexism they faced on campus. By examining these issues, Baker-Pitts strived to accept herself and her own body, as well.

She also analyzed the relationship many women have with food—how many feel bad about themselves after eating fattening food, but may still feel hopeless even when abstaining from eating. She argued that compulsively weighing oneself and counting calories may give someone a fleeting feeling of mastery, but the routine ultimately fosters disconnection to and a hostile relationship with one's body.

During her time in college in the 1980s, theorists were developing objectification theory. This theory argues that women can be reduced to a thing, as men in public comment on a woman's body, and this objectification increases her self-consciousness. Young women begin to see themselves through the lens of the male gaze, which interferes with a woman's relationship to herself.

"A woman gets turned into an

Psychoanalyst Catherine Baker-Pitts spoke about the social pressure

Psychoanalyst Catherine Baker-Pitts spoke about the social pressure women feel to look a certain way and the damage this pressure causes.

of health, whatever that means, whether true or not, is more important than all the other markers of a happy life," Baker-Pitts said.

Baker-Pitts described this notion as the "survival of the prettiest," as social norms of beauty can undercut all the other important contributions and qualities of women.

"One way for women to survive within this system is to trivialize

the beauty standards, to try to disassociate from the pressure, and to dismiss the pain of living in a body deemed not acceptable by society," Baker-Pitts said. "Conformity among women occurs as it is impossible to resist being influenced by these social standards and the insecurities our culture breeds."

When faced with constant societal objectification, women

can also objectify themselves and start treating their bodies as objects that need to be changed. Thousands of women diet or undergo Botox and plastic surgery procedures in an attempt to adhere to societal standards of beauty.

In addition, cosmetic plastic surgery has become much more common over the last few years. Between the years 1997 and 2012, for example, the number of breast implants in the U.S. increased by more than 540 percent. Unfortunately, Baker-Pitts argued, this shows that rather than rising in protest against unreachable beauty standards,

women are turning against their bodies.

"This is the idea that if you cannot beat our objectifying culture, join it," Baker-Pitts said. "The more women treat their own bodies as objects, the less they are invested in disrupting gender inequality and social justice work on their own behalf."

The prevalence of plastic surgery perpetuates women's body insecurities, but, according to Baker-Pitts, it also conceals a larger problem — that women fear their bodies are used to measure their social worth.

"I'm concerned women deprive themselves and get medical procedures because they feel out of control, because they're afraid of growing old and becoming invisible—even as they feel violated by the male gaze," Baker-Pitts said. "Competition among women for male approval and male resources is not only degrading, [but] is also short-sighted and thwarts our potential to end sexism."

Furthermore, Baker-Pitts argued that women, instead of critiquing the unrealistic standards they see, tend to put the blame on themselves when they do not see their bodies represented in the media.

Baker-Pitts' message was ultimately one of complete acceptance of bodies of all types. She urged women to stop changing their bodies in a futile attempt to conform to unattainable standards, the action of which inevitably feeds a system of oppression.

Sophomore Julia Cinquegrani is the Campus Life Editor. Her email is jcinqueg@fandm.edu

"One way for women to survive within this system is to trivialize the beauty standards, to try to disassociate from the pressure, and to dismiss the pain of living in a body deemed not acceptable by society. Conformity among women occurs as it is impossible to resist being influenced by these social standards and the insecurities our culture breeds."

—Catherine Baker-Pitts, Psychoanalyst and member of the National Eating Disorders Association

object and an object of vision," Baker-Pitts said.

Multiple studies in recent decades have linked social objectification with self-objectification, which can cause depression, eating disorders, body shame, and anxiety, according to Baker-Pitts.

She also argued, above all else, that fat-shaming is the most prevalent outcome of this objectification. Even areas such as gyms and doctors' offices, which should be neutral places, are often hostile to people who are overweight.

"Appearance is valued over everything else, and the appearance

Peters enjoys working at Zebi's, interactions with students, staff

BY JACK PINSKY

Staff Writer

According to Carisha Peters, retail supervisor at Zebi's, the Zebi's at F&M is so highly regarded by the Sodexo Group headquarters that, when a new Zebi's is opened in another location, Peters and coworkers Kevin Mull and Patti Krause are sent to train the new employees on properly running the business. She brought this up early on in our conversation, reflecting the immense pride she feels in her workplace and her family.

Peters has worked at F&M for 10 years. She has had the opportunity to meet more F&M students and staff by working at special events like Homecoming and organizing and setting up special catering events.

As a child, Peters was encouraged by her father to achieve to the best of her abilities. He served as her coach in softball and, despite being very strict in regard to academic achievement, he was still extremely supportive.

"When it comes down to [important times], there was never a hesitation," Peters said.

while raising her 11-year-old daugh-

"My daughter is just like me; she's so sarcastic," Peters said.

Although Peters was born and raised in Lancaster, she greatly enjoys traveling. She has been all over the East coast, as well as out West in New Mexico, Nevada, and Arizona. Peters and her cousin have plans to travel to the Grand Canyon, Niagara Falls, and to go skydiving next.

A memorable trip Peters recalls was to Cancun, Mexico, which is her favorite trip because she saw 50 Cent, Ludacris, Lloyd Banks, and Next

After working at F&M for 10 years, Peters found it difficult to choose a favorite memory because she has so

"I do love working here at Zebi's," Peters said. "We're a fantastic team. I love the people I work with, and I love the kids."

When pressed for a specific favorite time in her career here, though, Peters described a time when a mother and daughter visited F&M for an open Peters has continued this support house. They stopped into Zebi's after



photo by Jack Pinsky '14

From left to right: Takia Rosario, Patti Krause, Heather Chavez, Kayla Doyle, and Carisha Peters hard at work in Zebi's Cafe.

hearing a speech given by Dan Porterfield, president of the College, and asked the people working about their opinions of the College.

Peters says that she and her coworkers honestly discussed their experiences of working here, and made such a strong impression that, after the visit, the mother wrote a letter to Porterfield saying she was extremely impressed by Peters and her coworkers and that her daughter had enrolled as a student. Peters keeps a copy of the letter in the back area of Zebi's.

When she showed it to me, a key phrase that stood out in the mother's His email is jpinksy@fandm.edu.

description of the Zebi's staff was that they were "spontaneous, frank, and amazing."

Peters also expresses a sense of nostalgia for the cycle of life that marks every student's time at F&M.

"We watch people come in as freshmen and watch them grow and graduate and leave us," Peters said. "It's bittersweet. We watch them grow from scared little kids to confident young adults. I like to think we have a little to do with that."

Senior Jack Pinsky is a staff writer.

Dyson explains America's ongoing struggle for civil rights

BY ERIC ACRE

Staff Writer

Michael Eric Dyson, an author, radio host, and professor of sociology at Georgetown University, spoke at Thursday's Common Hour as part of F&M's second annual Civil Rights Week. He gave a presentation entitled, "Today's Struggle for Civil Rights."

Dyson has taught at colleges around the nation, including Brown University, Columbia University, DePaul University, and the University of Pennsylvania. He is also the author and editor of 18 books that tackle various issues of civil rights and analyze the lives of personalities, such as Tupac Shakur and Bill Cosby. Dyson was born in Detroit, became an ordained minister at age 19, received his bachelor's degree from Carson Newman College in 1985 and his master's and Ph.D in religion from Princeton University.

Dyson began his discussion by reminding the audience of some of the ideas of civil rights leader Martin Luther King's.

"We can think about the fact that we celebrated the 50th anniversary of Martin Luther King Jr's monumental speech and the march on Washington and the organization of a vast array of Americans to forge connections and to will their moral authority in the defense of ideals that had been withering on the vine of neglect—ideals like justice, ideals like freedom, ideals like equality; they had worked for some, but not for all," Dyson said. "The ideals had been put in place for some members of society, but others were left to the margins."

This poetic opening explained Dy-



photo by Krissy Montville '14

Michael Dyson, professor of sociology at Georgetown University, spoke at Common Hour about the continuing social inequality in the U.S.

son's view that, although the U.S. has come a long way in the civil rights battle, the struggle will continue as long as there are people who cannot equally exercise their rights.

To illustrate his point about the decades-long deprivation of rights from certain groups, Dyson discussed how some African American soldiers who arrived home from World War II were lynched, castrated, murdered, or assaulted for wearing their uniforms in public. Dyson also recounted the struggles of Irish, Latinos, Asians, and other ethnic groups in America during the 20th century.

"America was great in many ways, and yet, in some areas, in some noticeable and very pronounced arenas of American pursuit, America did not live up to its creed," Dyson said.

Later in the 20th century, the Civil Rights Bill, the Voting Rights Act, and the Fair Housing Act were all passed by Congress, which, according to Dyson, created the foundation for monumental social change in America. Each new law greatly improved civil rights inequality in the

"[In 2008] this nation made a monumental move towards fundamental transformation of American race relations and to expand the reach, the depth, and the breadth, of civil rights by electing Barack Obama," Dyson said.

Despite enormous advances in the civil rights struggle, such as electing the first black president, there is still much work to be done to achieve equality for all people at all levels of society.

Dyson referred to the murder of Trayvon Martin as an example of the unlawful treatment of children, especially children who are minorities and dress in a way that has social stigma attached.

"The Stand Your Ground law [that His email is eacre@fandm.edu.

was used as the defense for Martin's murder] ultimately has racial consequence, and we must not, as a culture, demonize our own children," Dyson said.

He also tackled the issue of the unequal rights of gay, lesbian, bisexual, and transgender individuals.

"Nobody owns the notion of freedom and justice struggles," Dyson said. "You don't have to be black to want to be free."

Dyson meant this in response to minorities and other people who were once fighting for equal rights themselves but now fight to keep members of the LGBT community out of organized religion and from having equal protection under the law.

Lastly, Dyson discussed women's rights and the continuing struggle women face to gain equality in the workplace and in the eyes of the American people. Dyson particularly focused on the wage gap between men and women and the persistence of rape culture.

"There are men trying to justify rape and discussing gradations of rape as if there is some understanding that we must have communicated among human beings to tell us when it's really rape," Dyson said. "And women continue to suffer in our nation, making less on every dollar than a man makes for doing the same job."

Dyson's speech was passionate and the audience seemed highly engaged throughout it, and his views on equality for all, not just select groups, was a fitting way to conclude F&M's Civil Rights Week.

First-year Eric Acre is a staff writer.

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Arts & Entertainment



Academy Awards remains typical, lacks surprises

Voters choose conventionally safe picks, eliminate excitement from Oscars

Television CommentaryThe Academy Awards

by Jeffrey Robinowitz

The 86th Academy Awards was Sunday, and that means it's time for an Oscar recap. Although the Academy Awards usually honors the best in film, it is impossible for the show to always give the award to those most truly deserving due to a lot of politics and campaigns that skew the judgment of voters. So here are my feelings on the four top categories—Picture, Director, Lead Actor, and Lead Actress—and who won, who should've won, and who should've been nominated.

While the cinematic mastery that is 12 Years A Slave absolutely cannot be denied, it does feel like a conventionally safe pick for Best Picture. It's a period piece about an honest man who experienced grave injustices at the hands of some ignorant Southerners. This is not a criticism of the film; it just makes it seem like a film made specifically to win awards. My vote still goes to Gravity because it is not only an exemplary piece of filmmaking but is extremely daring in its presentation. A 90 minute, two-man mov-

ie that takes place in almost real time with the first 12 minutes consisting of the single greatest tracking shot of all time, *Gravity* is ambitious, innovative, and a landmark in cinema.

Unfortunately, the film that should've been in the running, *Fruitvale Station*, never had much of a chance. An outstanding film top-to-bottom for its mostly freshman cast and crew, *Fruitvale Station* never gained mainstream traction because of its limited release and story about a recent real-life tragedy.

Although *Gravity* did not take the top honor, the Best Director win for producer, director, co-writer, and coeditor Alfonso Cuarón guaranteed that his hard work would not go unrecognized. He spent years developing the film and even had new technology invented so the film could be made. The Oscar is his just desserts. I would have liked to see Spike Jonze get nominated for *Her* since I immensely enjoyed the style of that film and all his others, but all the nominees in this category were deserving of their nominations, except for maybe one, *Hustler*.

While many may have mixed feelings about his career as a whole, Mat-

thew McConaughey of late has done no wrong and his extraordinary performance in Dallas Buyers Club is the feather in his redemption cap. A tour de force role that allowed McConaughey to prove his acting abilities in the most spectacular way, his win for Best Lead Actor was well earned. Too bad for Leonardo DiCaprio, who once again had to watch someone else win his Oscar. McConaughey was undeniably great in his film, but DiCaprio was his film. In a three-hour biopic where not much else drives the plot but the random actions of the characters, DiCaprio carried his film from start to end. No one else could've done it better.

And I'm probably saying this just because I am a huge fan of his, but it would have been great to see Tom Hanks get nominated for his work in *Captain Phillips*. His performance was outstanding all the way through, with the last few minutes of the film receiving particular praise for his incredible explosion of emotion. But at the end of the day, nobody's crying for the man with two Oscars.

In a year of predictable winners, Best Lead Actress was the one a man

living under a rock could've called. Regardless of the controversy surrounding Woody Allen's personal life, Cate Blanchett's performance in *Blue Jasmine* was never under threat. Though I have not seen the movie, the sheer fact that the film premiered in July of 2013 and her Oscar buzz held for over seven months is a testament to the power of her performance.

Another Oscar for one of the best contemporary actresses. Unfortunately for Emma Thompson, she lost her spot to Amy Adams (who's been nominated for better performances in better films) and had to watch the Oscars from the sidelines. In large part, she was brought down by the fact that Saving Mr. Banks wasn't the critical slamdunk everyone at Disney was hoping it would be, but Thompson is hardly a victim here. Much like Hanks, she already has two Oscars (one for acting and one for writing, the only person in history with such a combination) and her legacy as a great filmmaker will remain untouched.

First-year Jeffrey Robinowitz is a staff writer. His email is jrobinow@fandm. edu.

Long-awaited album pleases audienes, impresses critics

Ahn's fifth studio album focuses heavily on musicality, instrumentals

Music Review

This is Where We Are Priscilla Ahn

by Julia Chirls

Ahn's career kicked off in 2008 when she released her most popular and well-loved single *Dream*, and, since then, her success has only grown.

On Feb. 25, 2014, Priscilla Ahn's fifth and most recent studio album, *This is Where We Are*, arrived here, long-awaited as her American fan base watched people in Japan and Korea line up for her album beginning July 2013.

When "Diana," the first song on the track list, was released as a single ,listeners in the States did get a sneak peek of her album. This held her fans in deep suspense because the States had not experienced Ahn's talent since 2011.

There are three songs on the track list with few lyrics, if any at all, which is very unique. As a violist, I take great pleasure in instrumental music. Filling in the music with words is not always necessary, so "Diana" and "Loop" are among my favorites on this album.

The album begins with "Diana," in which Ahn returns to her roots, sing-



photo courtesy of www.commons.wikimedia.org
In addition to her five albums,
Ahn has released three EPs.

ing with the elegant and airy tone that is recognizable in all five of the studio albums she has released.

However, Ahn evidently disagrees. "*Diana* is so fun and so different from my usual sound," she explained to *Billboard*.

She recieved quite successful assistance from well-known keyboarder, composer, and producer Keefus Ciancia. The song lasts for four minutes and 32 seconds, yet it contains only 10 lines of lyrics.

This song is comprised of two al-

ternating and contrasting rhythms. The first one is flowing and light while Ahn accompanies it with a complementary tone. The second is a length of music containing an upbeat and catchy rhythm. The alternating pattern repeats four times, giving unity and consistency to the song.

Considering the small number of words included, "Diana" tells a short story of a woman expressing the passion and adventures of her relationship. "Love me slow, don't let go. Come on, let's climb the highest mountain, make wishes in the water fountain. Oh woa, oh, here we go. Walking down the magic river, the water makes your body shiver. Make me weep. Love me deep. And I will throw you in the fire; show you all my mind's desire."

"Loop" is number six on the track list and contains lyrics that simply resemble an instrument as part of the background music, harmonizing with strings and synths. It is three minutes of a tune that places me in a spa, soothing and slow-paced without any sudden beats or clashes. Since the lyrics are essentially unidentifiable, listeners can create their own stories based on the emotions they feel or the thoughts that enter their minds as they hear *Loop* play. I would definitely consid-

er listening to the song as a relaxing break from schoolwork! It is, for sure, a stress reliever.

How can we forget the songs that entirely feature Priscilla Ahn's voice that brought her to fame in the first place?

Home is fourth on the track list, telling the story of a girl who is convincing a man to love her. "If you want this heart of mine/take it slow, it's hard to find/no one knows the things I feel/don't look back/don't look back./ What am I supposed to say in these situations?/You know I need to stay/ don't look back/don't look back." She asks, begs, and pleads. Once again, Ahn presents her extraordinary natural talent. The song begins slowly and gently, but soon the tempo increases. Although her voice is soft and tender, she manages to effectively portray the story's insistent and determined char-

First-year Julia Chirls is a staff writer. Her email is jchirls@fandm.edu.

Review Rating:



Ahn impressively incorporates unique sounds on new album.



Throwback of the Week



Artist: Aaron Carter Track: "Aaron's Party"

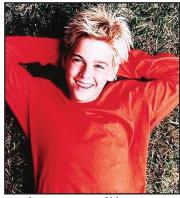


photo courtesy of blogpsot.com

In the same year that Vladimir Putin became the president of Russia, France defeated Italy in the final of the European Championships, and Nintendo GameCube was revealed, pre-teen star Aaron Carter released his single "Aaron's Party (Come Get It)." Through his disappointing, short-lived career, "Aaron's Party (Come Get It)" is still his most successful single in the U.S. to date, becoming his

only Top 40 hit on the Hot 100. The pop-rap song by the 12 year-old Carter instantly became a sensation to pre-teen and teenage listeners, with an accompanying music video featuring a house party that goes really well until his parents come home. The song was featured on his second, and most successful studio album, "Aaron's Party (Come Get It)." Since the success of this album, Carter appeared on Dancing with the Stars, placing fifth, and filed for bankruptcy.

Pokèmon of the Week



The College Reporter

Drowzee

The 96th Pokémon in the Kanto region, Drowzee is a bipedal, Psychic-type Pokémon resembling a tapir. It has tired-looking eyes, triangular ears, short legs, and round belly. Its upper half is yellow, while its lower half is brown. It is 3'3" tall and weighs 71.4 pounds. Another interesting feature is Drowzee's three-finger hands. Drowzee eats dreams to stay alive. It possesses the unique ability to put people to sleep and then sense their dreams, letting it know what kind of dream it will eat. It prefers happy dreams and can get sick upon eating nightmares. It never forgets the dreams it eats, and shows

them to people occasionally when they sleep close to it. Drowzee lives in tall grass, by muddy rivers, in savannahs, and occasionally in ancient temples and tombs. Drowzee evolves into Hypno starting at level 26, which overshadows it with a very strong special defense, making it the preferred Pokémon for competitive battling. -bulbgarden.net



photo courtesy of www.bulbgarden.net

Netflix uploads Pokemon

New budget to bring new content

Commentary

by Scott Thompson

As of March 1, Pokémon fans were treated to the arrival of their beloved television series on Netflix, featuring two seasons: Pokémon: Indigo League and Pokémon: Black & White. They also have two movies: Pokémon: Black and Pokémon: White. This is the first time the massively successful franchise has been on Netflix,



photo courtesy of www.commons.wikimedia.org There are a total of 17 Pokemon movies.

making it a cause for celebration amongst its fans.

The *Indigo League* is the season that introduced people around the world to Pokémon, with 10-yearold protagonist Ash Ketchum setting off on his first ever Pokémon journey, on which he aims to be the greatest Pokémon trainer in the world, along with Pikachu, arguably the most well known Pokémon thanks to his role as Ash's sidekick in every Pokémon series and movie.

While many aspiring Pokémon trainers will distract themselves with watching the original series for the first time since 1997, it's important to see this on a larger scale. In adding two seasons and two movies, Netflix showed that it's willing to spend big money in order to bring in more viewing options for its customers.

In a press release at the beginning of the year, Netflix announced it would be spending upwards of three billion dollars throughout 2014. This is one of the first major additions since that statement.

Bringing a huge franchise like Pokemon into their catalogue is the perfect statement to start proving Netflix's ambition, and it will be interesting to see what other major television shows and movies follow. Hopefully even more Pokémon seasons are in store for the coming months.

Sophomore Scott Thompson is Arts & Entertainment Editor. His email is sthomps2@fandm.edu.

New Releases

Week of Monday, March 3

Music Tuesday, March 4



Real Estate Atlas



Ashanti **BraveHeart**



Pink Martini Dream a Little Dream



John Gorka Bright Side of Down

Movies Friday, March 7



300: Rise of An Empire



Mr. Peabody & Sherman



Grand Piano



A Farewell to Fools

Blu-Ray

Tuesday, March 4



12 Years a Slave



Master



Somewhere in Time



Days on Mars

-photos courtesy of www.amazon.com

Various factors determine player's talent, potential in NFL



photo courtesy of sportsillustrated.com

Russell Wilson, quarterback of the Super Bowl Champions the Seattle Seahawks, shows that height does not have to be a factor in a player's success.

Sports Commentary —Thomas Ross '14

My personal opinion is that everyone places far too much emphasis on the NFL scouting combine. Nonetheless, I also fall into the trap and become enamored by athletes who didn't appear to be anything special during the collegiate season, but then ran a superhuman 40-yard dash in their un-

Hopefully, the success of players like Russell Wilson, quarterback for the Super Bowl champion Seattle Seahawks, will force GMs to reconsider dropping a player on their big boards just because he's an inch too short by their standards. Front office personnel have to recognize that sometimes a dude can just flat out ball, even if he's only five feet 11 inches. But I was far too optimistic in thinking that it was a player's production on the football field that would determine his draft stock. Front office personnel have found another attribute to explain Wilson's success despite his below average height. Wilson's 10 1/4" hand size is enormous and allows him to control the football with ease in all types of

This newfound emphasis on hand size bodes well for Texas A&M star Johnny Manziel. Manziel's measurables are similar to Wilson's; he failed to crack the six foot mark, but possess a hand size of 9 7/8". This all but assures that the GMs won't make the same mistake in passing up the chance to draft Manziel because someone thinks he is a little short to play QB in the NFL. Former Indianapolis Colts GM, Bill Polian, said Teddy Bridgewater's small hand size of 9' 1/4" is a bigger red flag than Manziel's height. Polian expressed 9' 1/2" as a good benchmark number for hand size.

Enough about hand size. So what about Johnny Manziel? If I were a GM, I wouldn't draft him within the first five picks of the first round. And it has nothing to do with his measurements. He is a fine football player and may end up having a very nice NFL career, but there are red flags that I couldn't ignore.

Manziel's brash, in your face attitude reminds me far too much of Ryan Leaf and the way he came into the NFL. And we all know how that turned

out. Manziel needs to be humbled and put in the right situation with a team that doesn't require him to play immediately. If he goes number one overall, I think it could damage his career, with the Texans needing him to start immediately and contribute right away. On the other hand, if he drops out of the first five and into a more stable situation, like with the Minnesota Vikings at number eight, I think Manziel could be successful. The Vikings can use Ponder at quarterback until Manziel is ready and can always feed the rock to Adrian Peterson.

The rest of this year's combine went as expected. The class is extremely deep, especially at defensive back with four players having sub 4.40 second 40-yard dash times. The player who would have lost the most if he performed poorly at the combine was South Carolina's defense end, Jadeveon Clowney. But Clowney confirmed what his tape showed; he is an absolute freak on LeBron James' level of athleticism. The 6'5" 266 pounds. Clowney ran a stellar 4.53 seconds in the 40-yard dash and will immediately upgrade the defensive line of the team that drafts him.

Senior Thomas Ross is a staff writer. *His email is tross@fandm.edu.*

Champs: Albus rookie of year, Grant looks ahead to NCAA's





Jillian Albus '17 (above) won the award for outstanding rookie swimmer immediately following the Centennial Conference Championships. She became the first Dip to receive the award. Albus won gold in the 50-freestyle and bronze in the 100-freestyle.

continued from page 10

history," Albus said. "I can't wait for Grant said. "It was an amazing expefuture F&M swimmers to win it as well."

Albus left quite the impression her first time in the championships. Albus won the 50-yard freestyle at a time of 24.24 seconds, won the bronze in the 100-yard freestyle at a time of 53.07 seconds, won the bronze in the 100-yard butterfly at a time of 59.14 seconds, and played a role in the 200-yard freestyle relay, where she, Taylor Mateja '16, Rebecca Daen '14, and Katie Grant '15 won with a time of 1:37.55 seconds, setting a new school record. She also competed in the 400-yard freestyle relay with Grant, Daen, and Courtney Collins '16, setting a new school record and earning the silver with a time of 3:34.02.

"The 200-freestyle relay not only broke the school record that was set "It's very exciting to be a part of back in 2006, but also won gold," rience to be a part of and a great way to get the meet rolling. Each event that took place after that was even more exciting than the last and we came together as a team and family to make it one of the most incredible meets I have ever been a part of."

> Albus seems to be a bright future for the team.

> In terms of the rest of the women's team, Grant took home the gold in the 500-yard freestyle and 1650-yard freestyle. In addition, the relay team of Grant, Daen, Maggie Johns '14, and Alexia Tomlinson '14 took home the silver in the 800-yard freestyle.

> The men's team of John Zipp '14, Richard Denton '15, Patrick Greaney '16, and Dennis Chen '15

took home the silver in the 800-yard freestyle. The 400-yard freestyle relay of Zipp, Denton, Chen, and Jim Hwang '14 took home the bronze.

Grant will be headed to Indianapolis, Ind. March 19-22 to compete in the NCAA Championship in three events: the 1650-yard freestyle, the 200-yard freestyle, and the 200-yard freestyle. Grant placed for all three of these events last year as well. At the championships, Grant took home the gold in the 1650-yard freestyle with a time of 17:09.69, breaking (her own) school record, bronze in the 200-yard freestyle with a time of 1:54.51, and gold in the 500-yard freestyle with a time of 4:59.49.

"From the moment my season ended last year I have been doing everything in my power to have the best season I could possibly have, including qualifying for sectionals," Grant said. "I was truly psyched to

find out, but also very relieved. Every year the competition gets faster and the times more difficult, it's hard to keep up. My hope for nationals is to represent F&M and my teammates to the best of my ability on the national level.

"In terms of swimming, I hope to once again be named All-American in the 500 and 1650, as well as get a best time in my 200," Grant added.

The F&M men's and women's swim teams had successful seasons this semester.

"Starting from the second we got home from our training trip in Florida we knew we had some tough dual meets ahead of us, but through it all we maintained a positive attitude and continued pushing ourselves harder than ever," Grant said. "Even if we did not win some of the dual meets we had hoped, we raced well as championships approached and continued to get faster and faster."

Although the men's and women's teams did not place in the top-three of conference competition, many swimmers swam their best and medaled in the championships. The teams have a lot to be proud of this season and, as their season culminates, are happy with how their seasons panned out.

All statistics are according to godiplomats.com.

Senior Mark Rossman is the Sports Editor. His email is mrossman@ fandm.edu.

F&M swimming teams broke records and won medals in last week's CC Championships ... page 9



Much consideration goes into the NFL draft picks, read about players and their attributes ... page 9

Franklin & Marshall Sports

F&M swimming teams compete in conference championships



photo by Scott Onigman '15

The F&M women's swim team took third in the Centennial Conference Championships with a total of 528 points. The men's team took fifth with a total of 419 points.

BY MARK ROSSMAN Sports Editor with reporting by **SOPHIE AFDHAL**

swimming teams competed in and hosted the Centennial Confer-

ence Championships in the Kunkel Aquatic Center from Feb. 21 to 23.

For both the men's and women's The F&M men's and women's teams, there were many highlights from competing in the three-day long championships.

"It's always a little nerve-rack- 524.5 points. ing going into a big meet like conference championships, knowing you have worked incredibly hard for five months straight but not knowing if all that work will pay off in the end," Grant said. "But with a team as close as we are it is very easy to dispel those negative thoughts during all the excitement. Championships are a time when all the dedication and sacrifices pay off, a time for all doubts to be dismissed and a time to just enjoy the weekend, enjoy being with your teammates, and enjoy every single new memory made."

men's team placed fifth, earning 419 total points. Gettysburg College took home the gold with 757 points, Dickinson College placed second with 553 points, Ursinus College placed third with 532 points, and Washington College placed fourth with

The women's team finished third with 528 points. Ursinus took home the win with 671.5 points and Gettysburg took home the silver in a close battle with 664 points.

Jillian Albus '17 was named the second annual Centennial Conference outstanding rookie swimmer award Sunday immediately following the championships.

"When they called my name for the award I was completely surprised," Albus said. "I've never won anything like that before. It's very rewarding to know that all of my hard work throughout the season paid off and was recognized."

Albus marks the first F&M swimmer to be recognized with this award.

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F&M men's lacrosse falls to York College in home opener

The men's lacrosse team had its home opener against York College Wednesday. The Diplomats fell to the York Spartans 13-5 and are now beginning their season with a 0-2 record. The team began the game ahead 3-2, but York picked up their offense and acquired quite the lead. The men's team outshot York with 38 shots on goal, compared to York's 28. Their next game will take place on Wednesday, March 5 against Kenyon College. Centennial Conference competition will begin away against Muhlenberg College later this month on Saturday, March 22.





photos by Scott Onigman '15