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THE INDEPENDENT STUDENT NEWSPAPER OF FRANKLIN & MARSHALL COLLEGE

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#### Forum brings students, administrators together to discuss alcohol use at F&M

#### **BY STEVEN VIERA**

Managing Editor

Last Tuesday, March 31, in Weis College House, the Diplomatic Congres (DipCon) hosted the latest event in its F&M Forums series. The forum focused on alcohol use and F&M's alcohol culture, opening a dialogue between students and administrators on possible causes, symptoms, and solutions to the issue.

Nd Epka '15 began the forum with a presentation of data on alcohol use on campus which examined such variables as how many drinks students consume per week, per event, how many hours they spend drinking at parties, and the number of days per week they drink. The study also had drinking data for students based on their affiliations—such as involvement in athletics or Greek organizations — and evaluated social pressure and other external factors that prompt students to binge drink. Ultimately, the data show that a student's perception of how much his or her peers drink, not affiliations, is the most significant influence on drinking habits; the



photo courtesy of fandm.edu

Last Tuesday in Weis College House, the Diplomatic Congress hosted a forum to discuss alcohol consumption for the benefit of students and administrators.

study pointed out that, if students perceives rates of binge drinking to be high, they are 3.2 times more likely to binge.

Following Epka, four panelists were introduced: Margaret Hazlett, dean of the College; Suzanna Richter, dean of New College House; Kathy Ham, assistant to the director of Athletics & Recreation; and Dan Levin '16, a member of F&M EMS. Each panelist spoke briefly about his or her role and experiences relative to alcohol use on campus.

"The panelists were selected accordingly because we thought that it would give a diverse representation of the different groups on campus that are working on issues that are related to alcohol," said Grace Jeong '15, DipCon's health and wellness chair. "Whether that would be directly with the students, in the case for EMS on nights and weekends, and kind of indirectly, after the event has occurred, via Hazlett, Richter, and Ham."

After the panelists' remarks, students in attendance had the op-

portunity to ask questions and prompt discussion. Questions included the functions of the amnesty policy, the role of Greek organizations, details about the forthcoming alcohol policy, and more. Although he was not a panelist, Keely Johnston, crime prevention officer for the Department of Public Safety (DPS), helped answer questions from his position in the audience.

Jeong expressed a hope that students realize the administration and Alcohol Policy Working Group are working hard to create a safe, fun environment that allows for alcohol to be present.

"We hope to continue the conversation next academic year, most likely after the alcohol policy gets released," Jeong said. "We hope that creating a space for students to ask any questions or share their concerns will be an opportunity for administration to take students' thoughts into consideration."

Junior Steven Viera is the Managing Editor. His email is sviera@fandm.edu.

## Survey aims to gather feedback on student satisfaction with campus housing options

#### BY SHIRA KIPNEES

Senior Staff Writer

On Tuesday, March 24, the Long-Range Plan for Campus Housing Working Group electronically distributed a survey to the F&M student body regarding the current campus housing offerings to gauge student opinion on them. The survey, written by the group as a whole, came out of a need to renovate the residence halls and desire to know what was and was not working for students.

"Anne Dolan '16 [Junior Class President] and Scott Onigman '15 [Vice-President of the Diplomatic Congress] have been helping us work through where people live, what they like,

[and] what they don't like," said Jon Enos, capital projects manager and convener of the Working Group. "This really was a group effort."

Enos explained that the survey is meant to tackle important housing issues on campus and how to keep juniors and seniors living on campus.

"One issue that has come up is bathrooms and the privacy of bathrooms,"
he said. "We don't have a lot of gender-neutral bathrooms now, so we're
going to try to build [more] of those in.
And then, if we're trying to get more
juniors and seniors to live in the traditional residence halls, [adding] what
features would they like to see."

see SURVEY, page 2

#### **Student body elects new Diplomatic Congress**



photo courtesy of facebook.com/Diplomatic Congress

Last Thursday, April 2, a new Diplomatic Congress executive board was elected. The new officers are Donnell Bailey '17, president; Molly Cadwell '16, vice president; Charley Hagist '18, treasurer; and Carmen Navia '18, secretary.

This week, on Thursday, April 9, additional elections will take place for presidents of the sophomore, junior, and senior classes.

The College Reporter will continue to publish information on campus elections as it becomes available.



#### Riemann's Crime Watch



West James St. caused by a blow dryer.

Friday, Mar. 27—A student's car was involved in a hit and run accident in the College Row parking lot.

Friday, Mar. 27—A student's wallet was found and turned into the Department of Public Safety (DPS). The wallet contained a fake ID, and the owner re-

Friday, Mar. 27, 12:00 p.m. — DPS responded to the report of an odor of marijuana in the Klein Hall of Bonchek Col-

lege House, but the source could not be determined. Sunday, Mar. 29, 12:52 a.m—DPS responded to a fire alarm at 400

Sunday, Mar. 29, 11:30 p.m. — DPS responded to an alarm caused by a faulty smoke detector.

Thursday, Apr. 2—DPS received a report from the Title IX coordinator of a student who had been verbally sexual harassed since Fall 2013.

Thursday, Apr. 2 — DPS received a report from the Title IX coordinator of a student who had been verbally sexual harassed since Fall 2014.

Thursday, Apr. 2 — DPS received a report from the Title IX coordinator of a student who was sexually assaulted off-campus.

Friday, Apr. 3, 12:37 a.m. — DPS responded to a report of non-students trying to get into a party at 605 College Ave and who were giving the hosts a hard time.

#### Riemann's Advice

With the end of the semester quickly approaching, it's time to procrastinate all those papers and finish your collection of oddly flavored, mostly empty liquor bottles, so be careful. Wasted alcohol is a tragedy, but the ambulance trip down the block alone costs about \$300.

#### The College Reporter Corrections Policy

The College Reporter welcomes comments and suggestions, as well as information about substan tive errors of fact that call for correction. Contact us via email at reporter@fandm.edu or at (717)

#### The College Reporter Story Idea Submission Policy

The College Reporter welcomes story ideas from the college community. If you have or your organization has an idea for a Reporter story, email it to us at reporter@fandm.edu with the subject heading "Campus Story Idea" by Monday at noon the week before publication. Story ideas will be accepted at the discretion of the Editorial Board.

### Second annual TEDxTalk sponsored by **Black Pyramid Society centers on voice**

#### **BY NOAH SUNSHINE**

Senior Staff Writer

The Black Pyramid Senior Honor Society(BPS)hostedits second annual TEDxFranklin&MarshallCollege, organized by Caitlin Brust '14, last Thursday. The event, located in the Green Room Theatre, only had 100 tickets available, but was filmed for the enjoyment of the public as per TED standard. Several professors and members of the Lancaster community attended, but the majority of the crowd were students.

TEDx is an extension of TED that is licensed freely to schools, cities, etc. in order to provide an educational atmosphere. TED talks are kept to approximately 18 minutes or less, and TEDxFranklin&MarshallCollege was no different — four professionals from F&M's corner of Lancaster assembled to speak about voice in short talks. At the beginning and middle of the show, two TED talks were also played for the audience.

The theme this year was Voice—specifically, finding one's own voice—and local voices assembled to instruct, inspire, and challenge. In the lineup from F&M's faculty were Dean Hammer, don of New College House, and Kelly

McMasters, visiting assistant professor of English. Hammer related his experience as a faculty member of a College house and how finding a voice is important for students entering college and having their lives turned on their head. McMasters spoke about literary voice in her

writing and also her favorite books,

connecting them to recent events in

her life, like a car accident in 2012.

From the community was Beth Koser Schwartz, a nurse from the Lancaster General Health Network and facilitator of the Lighten Up Lancaster County coalition. Beyond speaking about healthy eating, she highlighted projects in Lancaster attempting to use every individual's voice to brighten up the community, from gardening to bike repair.

Finally, Nick Peterson '02, an F&M alumnus who completed his Masters at the Lancaster Theological seminary, spoke. A pastor and activist, Peterson added voice to the context of the Black Lives Matter movement, for which he organizes locally, and into his own life.

Senior Noah Sunshine is a senior staff writer. His email is nsunshin@

### **Survey:** Residence hall renovations begin this Summer with Bonchek College House

#### continued from page 1

This data will be used in conjunction with the Board of Trustees' Committee on Buildings, Grounds, and Sustainability, as the committee will be given a report of the results and a set of recommendations to take into consideration.

"We know that we have the multiyear effort to update the residence halls, so the survey is key because it will give us real data to base those decisions upon," Enos said.

Last Summer, the Working Group started to plan a full-scale renovation of Ben Franklin South, otherwise known as Bonchek College House, and it became apparent that it would be expensive due to the fact that it would change the configuration of the rooms. Thus, the trustees asked the Working Group to act and examine where students live now, with data going back three semesters by class year. The survey will help the Working Group decide how satisfied students are with their residence

"We're hoping to find out what students want out of their hous-

ing, specifically as upperclassmen," Dolan said. "The school recognizes that there is a need for improvement in housing, but we want to understand what students want-ideal amenities, location, etc.'

The College Reporter

The results of the survey will be made known to the campus community; however, Enos is unsure of the exact date of its release.

"Before any long-range plans are made, we will share them with the campus; probably in the Fall," he

The working group decided that the multi-year renovation project should start with Bonchek College House because of a facilities report conducted by the College about the date and the internal systems of the buildings, which stated that the Ben Franklin residence halls were most in need of renovations. The renovations will start over the Summer and finish before the Fall semester

Senior Shira Kipnees is a senior staff writer. Her email is skipnees@

### Plepler named commencement speaker in recognition of leadership, passion



Richard Plepler '81, chairman and CEO of HBO, has been named speaker for F&M's Commencement Ceremony, scheduled for Thursday, May 9.

#### **BY STEVEN VIERA**

Managing Editor

The College recently announced that Richard Plepler '81, chairman and CEO of Home Box Office. Inc. (HBO), will address the Class of 2015 at Commencement, scheduled for May 9. At the ceremony, Plepler will also receive an honorary Doctor of Letters degree from Dan Porterfield, president of the College.

Plepler was selected to speak as recognition for his leadership, passion for culture, and interest in national and international affairs.

According to the article on F&M's News website, "HBO Chief Plepler '81 to Deliver Commencement Address," Plepler worked for U.S. Senator Chris Dodd following his graduation. In 1984, he founded a public relations firm and ran it for eight years before gaining employment at TimeWarner. In 2007 — after working for Jeffrey Bewkes, who oversaw HBO—Plepler became HBO's co-president before becoming CEO in 2013.

"Richard Plepler shows us there

are no boundaries to your aspirations with a liberal arts education," Porterfield, said in the F&M News article.

Plepler and his wife often host dinner parties in their homes and invite guests like politicians, actors, writers, artists, journalists, and more—according to F&M News' article, Shimon Peres, former prime minister of Israel, has been a guest—to discuss politics, foreign affairs, the arts, and more. Plepler also furthers himself by reading extensively.

"There's so much to learn and to keep abreast of—you can never go wrong learning too much," he said.

Plepler is a member of the Council on Foreign Relations, serving on the President's Advisory Board, sits on the board of trustees for the New York Library, and is on the National Advisory Board of the W.E.B. DuBois Institute for African American Research at Harvard University.

"I very much look forward to conveying to the graduates what I've learned over the years in my career, and sharing what insights I've gained since my graduation," Plepler said.

## Opinion & Editorial

### Indiana's "Religious Freedom" law does more harm than good, allows bigotry in name of freedom

BY NICHOLAS RIEBEL Staff Writer nriebel@fandm.edu

Social conservatives have learned a great deal from Orwell: the right to irrational big- tism, Islamophobia, and hatred otry and discrimination is now against other religions in the that needs protection in this na-"religious freedom" if you can Western world, including in justify it with the Bible or some America, is taking preventative If there is one religious freedom other religious authority. Just ask measures to ensure that all of us Indiana Governor Mike Pence, a may worship however we want. proud conservative Republican, freedom bill" into law.

"cannot 'substantially burgeon' news/nation-now/2015/03/30/ and ethnic minorities. religious-freedom-law-indiana/70659788/).

com/2015/04/02/mike-pence- themselves lucky. religious-freedom n 6996144.

Maybe, just maybe, Pence doesnt-execute-gays/). was trying to protect the right

pence-s-new-fan-club-wiccans.

Perhaps Governor Pence, concerned by rising anti-Semi-

Perhaps it is the biased prowho recently signed a "religious" gressive part of me that shows undeserved cynicism towards Called the "Religious Free- this sort of "religious freedom," dom Restoration Act," it means but if I am to hazard a guess, I that the government of Indiana would say Pence wants to help homophobes from having to a person's ability to follow their deal with people they hate, just religious beliefs, unless it can as, back in the Jim Crow era, prove a compelling interest in racist Southern conservative imposing that burden or do so in politicians made laws that althe least restrictive way" (http:// lowed and mandated all sorts www.usatoday.com/story/ of discrimination against racial

Senator Tom Cotton, who sent a letter to Iran that Fox It is very likely this bill was News would have viewed as designed so businesses can dis- an act of treason if the parties criminate against gay people. of the senators who signed that If sued, the individuals or busiletter and the president in office nesses could fall back on re- (and largely in charge of our ligion as a legitimate defense foreign policy, for good or ill), for banning the LGBT com- knows for sure that gay people munity from their establish- are treated better now than black ment; Pence denied it, but, un- people were back before Civil til April 2, he refused to sign a Rights began to take effect. In slightly-altered version of the his view, maybe the LGBTQ law (http://www.huffingtonpost. community should consider

After all, as the freshman senator from Arkansas ex-All of the liberals, like me, plained, gays are executed in could be completely wrong that nation he has suddenly about this. Maybe this was just become an expert on: "I think an egalitarian law to defend our it's important we have a sense Constitution rather than tread of perspective. In Iran they on it so that "Big Government" hang you for the crime of becan't control people who only ing gay" (http://thinkprogress. want the freedom to hate whom- org/lgbt/2015/04/02/3642060/ ever their deity or deities tell senator-says-critics-indianaget-perspective-thankful-state-

Indeed, I guess gay people of Wiccans to have naked pagan should be glad they can live in rituals in the moonlight as they this country with minimal fear worship the Goddess, so they can of being tortured and murdered "sing, feast, dance, make music by the state. So, it's not as big and love" together in their reli- of a deal if they are allowed giously-sanctioned and ordained to be discriminated against, that are yet to come.

com/articles/2015/03/31/mike- including almost in Arkansas: http://www.usatoday.com/ story/news/politics/2015/04/02/ arkansas-religious-freedom-

> If there is one religious group tion, surely it is the Christians. we absolutely must have, it is the right to justify our hatred with religion and use it to deny people business. I could go on, but I would merely be rehashing the

dealt with this exact thing. Christians are not oppressed

> fundamentalist, serious ones not harm anyone else. Let's occasionally throw temper tan- not use the state to justify trums that they do not get their bigotry as they do.

but so are provisions against posedly free nation.

sanctioned by American states Civil Rights arguments, which getting tattoos and eating

Let's protect the right to in this nation; they have not believe whatever we want to, been historically. The more as long as our religion does

more of a theocracy, that not signing a revised version of enough people believe exactly the law now, as is the governor of Arkansas, Asa Hutchin-At the end of the day, ho- son. The problem is that these mophobia may be in the Bible, bills got anywhere in this sup-

#### **Full Staff Opinion**

#### **Final Countdown**

#### The ultimate list of 18 things to do in the last 18 days of senior year

We hate to be the ones to point to the overworked, panicky, liberal arts-educated elephant in the room, but there are only 18 days left before the seniors' last day of class at F&M. While a respectable amount of that time will probably go into studying, last-minute job applications, and runs to CVS to buy tissues for that tear-filled sentimental senior breakdown you know is coming, we've compiled a list of 18 things to do for the 18 days before classes are over.

- 1. Write for *The College Reporter*! (Sorry guys, we couldn't help ourselves. It's a habit at this point. The rest of the list will be better, we promise).
- 2. Hit up the Research Fair on April 17 and show your scholarly classmates some love. (Or be that scholarly classmate and make the best damn poster anyone has ever seen! It's okay to nerd out.)
- 3. You probably haven't been there since you moved out as a freshman, so take a trip back to your College House. Bagel breakfasts are still a thing, right?
- 4. Support a great cause and go to Take Back the Night!
- 5. Help someone on campus this week for no reason. Random acts of kindness, best acts of kindness.
- 7. This week you're going to get an email and ignore it—or you would've any other week. Open the message and read what it's about—maybe even go to whatever event it's advertising? Come on guys: Campus is only, like, two blocks. You can make it.
- 8. Take a night out on the town and go into Lancaster! Enjoy the nightlife of this great little city one last time, and see if you can make it to First Friday, too. Rejoice in the fact that you once knew a First Friday when Carmen and David's was the place to be—something incoming classes will never experience.
- 9. Speaking of downtown, pick morning and do Lancaster right: We're talking Central Market, brunch at On Orange, the works.
- 10. Attend Black Pyramid Society's "Last Lecture."
- 11. Reach out to somebody who made a difference to you: a student, a dean, a professor, anyone. Let them know that these four years would've looked much different if not for them.
- 12. Surprise your professor and ask a question in class.
- 13. Go to Common Hour! The pizza tastes that much better when you actually stay for the talk.
- 14. If you haven't already made a contribution to the Senior Campaign, think about it.
- 15. Call your freshman roommate.
- 16. Eat in Dhall. You know you want to. And while we're at it, choke down one last bowel-busting
- 17. Ever wonder what F&M athletics games are like? Take this hint and go to one!

18. Take a walk around campus, either by yourself or with a friend. Visit all the places that meant something to you. Laugh about the happy ones, cry about the sad ones, and look forward to all the ones



Joseph Yamulla

Preman Koshar

# The College Reporter

Transparency. Accuracy. Credibility. THE INDEPENDENT STUDENT NEWSPAPER OF

### FRANKLIN & MARSHALL COLLEGE

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Weekly, founded 1891, and The College Student, founded 1881. The crest of The College Reporter was designed in 2004 by Kim Cortes

Copies of The College Reporter on campus are free at a rate of one issue per reader. People found in violation of this policy may be

### Photo of the Week: Spring hits Hartman Green, panorama style



### Real feminism should not just be heard, but seen

### Editor reflects on why we feel the need to annouce our tolerance

BY ERIN MOYER Opinions & Editorials Editor emoyer1@fandm.edu

too proud of myself: I made it to every single one of my classes. I was on time and everything.

Should I have really been proud of myself for attending classes that my family pays for me to attend? Of course not. But I was. And that's because so many weeks go by where I miss a class or two (sorry, Mom). I would imagine the same thing is true for a lot of my readers, as well. And maybe you guys would feel equally, disproportionately proud at actually pulling yourself out of bed, too.

This misplaced pride of mine illustrates something really important: There exists a gap between what we think is a bonus, wonderful thing we do, and what should actually be a basic, universal thing we all just do. Allow me to explain.

I once had an odd interaction at a party with a friend of mine. Here I'll call him "Jon." I was studying abroad in Strasbourg, France, and we had somehow wandered into a Strasbourgeois party. As we danced to a cover all went home. It was not until having motherf\*cka!" band's strains of "Hit Me Baby One More Time" (I am not joking), I noticed that Jon was conducting an experiment in francophonic tongues with a random partygoer, perhaps in hopes of hitting it, baby, one more time. But was this random partygoer

sensitive to the fact they prob-This past week, I was way ably didn't speak the same language? I tugged at Jon's sleeve, and I said as much. He turned to me and indignantly retorted. "Hey, I respect girls!"

precisely place why that statement so annoyed me. What was I supposed to say back to that? Infantilization of \*women aside (yeah, we're all 18 and older here, don't call me a "girl" and group me with kids who have yet to hit puberty), it's not as though I could really argue with him. What, should Jon not respect women? Of course he should respect women! Yes, everyone out there, this is not a trick: you should treat women, as you should treat everyone, with decency and common humanity. That is a fairly non-controversial man just does. A n\*\*\* will say

sation off and tried to see if I couldn't track down any more bragging about? What kind of igwine (not for me. For a friend). Jon was eventually rejected by three different women of three cookie?! You're not supposed to be feminists, too. And of course different nationalities, and we go to jail, you low-expectation- Chris Rock is "outspoken" about I once again lived in the United States, had forgotten most of squeamishness at Jon's remark understand and readily describe do so courteously, and in the my French, and was watching articulated. I finally had words ourselves to be feminists. We form of your own. Email me at a Chris Rock stand-up special, put to my vague discomfort at that I finally found my feelings seeing men wear t-shirts emblaput into words.

1996 comedy special, Bring the Chris Rock, after his "wish me

what was going on? Was *Jon* too mend that you do. He performed drunk? Were either of them being it nearly 20 years ago, and so much of what he discusses—especially institutionalized racism, in light of his recent selfiedocumentation of getting pulled over—remains far too relevant. Anyway, what caught my atten-And at the time, I couldn't tion in the stand-up special was when Rock differentiates between black people and "n\*\*\*s." He characterizes n\*\*\*s as black people who ruin things for other black people. They do "ignorant sh\*t," and make it harder for everyone else to get respect. At one point, Rock talks about how the people he sees as n\*\*\*\*s often seek praise for doing what is ex-

credit for some sh\*t they're supposed to do. For some sh\*t they're just supposed to do. A n\*\*\* will brag about some sh\*t a normal some sh\*t like, 'I take care of my So I shrugged the conver- kids.' You're supposed to, you dumb motherf\*\*ka! What're you norant sh\*t is that?! 'I ain't never been to jail.' Whatchu want, a

"N\*\*\*\*s always want some

zoned with "Real Men are Feminon to be a basic thing we all just once more in closing, "you can If you haven't seen Rock's nists," and even at the fact that kind of do?

too drunk to really consent to Pain, I would highly recom- luck" selfie went viral, has been does support equality. Not evdescribed by several news sourc- eryone genuinely acts like they es as an "outspoken advocate for respect women, or men, or Afriracial biases." Because these are all cases of the *right* thing to do Latinos, or Asian Americans, or being mistaken as an extra nice any remote minority of which thing to do.

You don't get a cookie, you don't get my applause, for doing a basic thing that you're supposed to do. I'm not about to thank you for "stepping up" and treating women like we are people. You're supposed to treat us like we're people! You're supposed to do that for everyone. Oh man, you're telling me you respect women? Wow, congratulations on according me a basic human right! I owe you one. Wait, you wouldn't have sex with an extremely drunk girl? Thanks ever so much for not raping her! Where can I mail your gift

Feminism, as has oft been said and printed upon t-shirts, is the radical notion that women — and all other people—are, in fact, people. Of course my friend Jon should respect women. Of course men should be feminists. Of course women should "racial biases." We should all And here, right here, I had my respect women. We should all should all try to talk about racial biases. Am I wrong? Should this talk. And to quote Chris Rock

The truth is, not everyone right.

you can think. People have to keep announcing, in effect, "I'm cool, guys, I'm cool," because lots of people aren't being cool. And we feel like we need to keep articulating that we're different than those people. We have to keep identifying ourselves as feminists, as allies, as "outspoken" on the subject of "racial biases," because there is so much hate in this world and these same old issues aren't changing fast

And that's really unfortunate. I wish we didn't need to keep announcing our should-be-universal perspective. I want to live in a world where it can just be understood that we're all feminists, that we're all engaged with the world around us, that we all want equality for all of our fellow humans. To me, feminism should be a basic thing people just generally support. The fact that we all need to keep proving our own human rights credentials is a bit

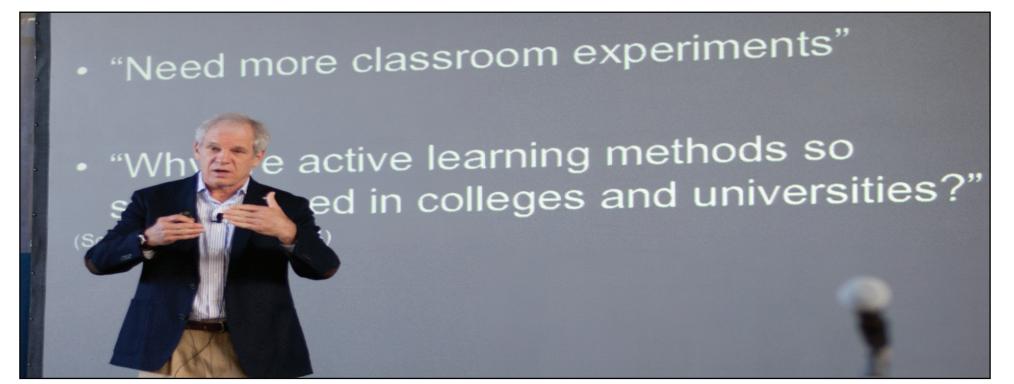
If you'd like to respond to this op-ed, I ask that you please emover1@fandm.edu, and we'll 'boo' if you want, you know I'm

Hey, F&M! **Enjoy the Spring weather!** And while you're laying out on the Green... Write an Op-Ed! Email emoyer1@fandm.edu to seize the day.

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## Campus Life

### McDaniel talks effective learning, better study methods



At last Thursday's Common Hour, Professor Mark McDaniel from the University of Washington in St. Louis discussed his research and findings about how professors can better their teaching to make learning more effective and how students can improve their study habbits in order to gain a beter understanding of the subject matter.

Staff Writer

This past week, the Common Hour underwear." speaker was Mark McDaniel, professor of psychology at Washington University in St. Louis. McDaniel conducts research in tells parents study tips their chilthe general area of human learn- dren should use was displayed. ing and memory. His research in The newspaper said, "repeat, recues. memory and cognition has re- peat, repeat;" however, studies ceived grants summing over two have proven this does not work. million dollars from the National hen students were asked how they Institute of Health and NASA. He were studying, over 50 percent of is also the Director of Circle – the students said that they repeat facts Center for Integrative Research and key terms over and over. Stuon Cognition, Learning, and dents, McDaniel points out, are Education.

McDaniel aims to employscience of learning to identify University reread textbook notes, techniques to use in the classroom in order to improve student learning and effectiveness. He wants to see more classroom experiments because students say that, before they change their study habits, they want to see the change will work. In response, experiments figure out if rereading is effective have been integrated into class- or not. The experiment had onerrooms to prove that these tactics oup of students read a textbook

Another theme he emphasized twice. stems from the question, "Why are active learning methods so seldom used in colleges and universities?" He asked the teachers in the audience how they will actually revise in results for either an immediate their classes into these reverse or a delayed test. They then tested classroom situations that invoke a scenario in which students read powerful conversation.

not necessary; instead, there only test. Still, there was no improveneed be very minor adaptations ment. McDaniel saw a lesson to to the classroom and to students' be learned from the study. study habits.

"what are students doing now?" He sited the Kaplan Test Prep and Admissions Survey, which asked students what they do to study. One response was, "I eat Alaskan Salmon for breakfast." An-

dents being told?" A snippet from the St. Louis Post-Dispatch that studying ineffectively. Eighty-four percent of Students at Washington and 55 percent rate rereading as their primary study activity.

Some studies have shown that rereading can help to build a better understanding, which suggests two opposing theories. Researchers performed an experiment to chapter once and the other group

Students were then given a test consisting of 22 multiple-choice questions requiring explanation. here was no significant difference the text once and then re-read for He said extensive revision is a second time right before the

"Number one, it would be use-McDaniel posed the question, ful for us to simply discourage students from rereading the textbook," McDaniel said.

McDaniel went further, saying that rereading is actually counterproductive.

He explained that, during re- McDaniel said other said, "I watch back-to-back reading, the brain is receiving

sponse was, "I wear my Superman reading and the familiarity of the block; they should not just progress content, which hijacks the inflow swiftly from subject to subject. He Next he asked, "What are stu- and consolidation of the informa- cited an experiment on learning art tion being read. In turn, students concepts. One group of students are only recognizing that they looked at six pieces of art from have, indeed, read the material one artist at a time. Another group before and misinterpreting those was showed 6 pieces, two pieces

Instead, McDaniel says we students were then showed a new should try to get students to gen- piece of art and asked which artist erate understanding. Some tech- produced the artwork. The latter of niques include, stimulating "self- the two groups was significantly explanation" and "answer why?" more successful in this task than or other deep level questions, like the former. Students reported they "how" or "what if"? This technique thought they were learning more can help generate understanding. when the artists were blocked; Once students comprehend expla- however, the experiment showed nations, they then generate rela- they were wrong. tionships and understand the significance of the information.

on their own while studying: Now, test modifies, reinforces, and conteachers are starting to assign solidates information learned. The small writings for readings, which act of retrieving should be used are called Write-to-Learn assign- as a learning tool. Tests should ments. McDaniel pointed out that be thought of as a way of teachusing this method does not take ing not just assessing. He argued much time and is much more ef- that quizzes should be used a lot fective than simply copying notes more in college. Quizzes should

method that creates better learning they should incorporate analysis in terms of memory: spaced in- and synthesis of the information. struction. Spacing out the teaching The latter enforces learning. of a single topic over time, multiple He closed by reviewing his days or weeks, compared to teach- "take home points". First, rereading something in one day is im- ing is not necessarily effective. mensely more successful.

students learning how to repair an prompt self-explanation. Third, artery, the typical mass instruct they should introduce spacing and tion in one day lead 16 percent of interweaving into courses as well those students to forget what they as students' studying habits. Filearned and kill a rat on which nally, testing promotes learning they experimented. Of those and transferring information and who learned with spaced instruc- should be considered and used as tion, only one percent failed. "We more than an assessment device. ought to intermix presentation and practice of related concepts," Samantha Greenfield in a senior

This additional advice means fie@fandm.edu

BY SAMANTHA GREENFIELD episodes of ER." His favorite re- cues about the fluencies of the re- teachers should mix insetad of of art from each artist at once. The

The final point McDaniel made is that giving a test is not a neu-Students can and should do this tral event, meaning that giving a include more than questions that He then talked about another assess memorization of the facts;

Second, teachers should promote In an experiment on medical elaborative study activities and

staff writer. Her email is sgreen-

Campus Life April 6, 2015 The College Reporter Page 7

### Chi Omega, Kappa Sigma host DipSync competition



The F&M Dance team, who performed a medley of songs, took home first place at last Thursday night's DipSync competition. They were closely followed by Alpha Phi Sorority, who performed the Circle of Life and took home second place, and Alpha Xi Delta Sorority, who also preformed a medley of songs and took home third place.

#### BY ELLIE GAVIN

Campus Life Editor

and Kappa Sigma Fraternity hosted DipSync, their annual spring philanthropy event. Students, faculty, performing the Circle of Life, and and community members came Alpha Xi Delta placed third, perout for an entertaining evening of forming a medley of songs. music, dance, and philanthropy.

DipSync benefit Chi Omega's phi- nizations, including the most relanthropy, the Make a Wish Founcent Delta pledge class performing dation. Make a Wish is a national "I Want it That Way" by N'Sync, organization founded in 1980 that and the most recent Phi Psi pledge grants wishes to children with life- class performing "Don't Stop til threatening diseases.

The event, which is well attend-

from all around campus competed this year, including this year's Thursday, Chi Omega Sorority winner, the F&M Dance Team, as well as many greek organizations. Alpha Phi took home second place,

The entertaining and hilarious All of the proceeds from lineup included many greek orga-You Get Enough".

One special highlight of the ed every year, includes a silent night was Stuart Umberger, direcauction, raffle, and a lip-syncing tor of Fraternity and Sorority life and dance competition. 13 groups at F&M, agreeing to be "pied"

in the face by a Chi Omega sister in-between acts in the name of Omega president Mary Bundy

This year, Chi Omega included one special Make a Wish beneficiary, five-year-old Jenny Davidson. Chi Omega and the Make a Wish foundation were able to grant a wish for young Davidson.

Hawaii," Davidson's father told the audience. "Best week ever."

Since the beginning of March alone, Chi Omega has raised \$17,000 for Make a Wish to help more dreams like this come true for laughter. terminally ill children.

Jenny, along with her two sisters Ellie Gavin is the Campus Life Ellie and Grace, joined Stewart Um- editor. Her email is fgavin@ berger, the Kappa Sigma president

Nate McClellan '16 and the Chi '16 in judging the competition.

In addition to watching the acts, audience members had the opportunity to bid in a silent auction and enter a raffle to win prizes. Prizes included Mets tickets, a Tory Burch bag, an assortment "We spent a care-free week in of Lilly Pulitzer items, and gift cards to Grand Central Bagels and iTunes to name a few.

> The event brought students and faculty together for a fun night of entertainment, music, and



Judges watched as the most recently initiated Phi Kappa Psi Fraternity pledge class

Stuart Umberger, director of Greek Life at F&M, agreed to be "pied" in the face in between dance routines in the name of helping the Make A Wish Foundation.

### Human Rights Initiave hosts "Power to the Period"

BY ELLIE GAVIN Campus Life Editor

This past Friday, March 27th, The Human Rights Initiative hosted "Pow-mal discussion in which girls were weler to the Period" at the Philadelphia come to discuss their own experiences Alumni Writers House.

tiatives leaders, Shrima Pandey and ate" by Gloria Steinem.

Priyankana Bastola, who are both from Nepal.

"Power to the Period" was an inforwith their periods and how others have The event is part of a project led by made them feel about menstruation. the Human Rights Initiative todebunk The group also read some relevant stigmas and communicate openly literature on the topic, including pasabout menstruation. The group is also sages from the memoir "Lucky" by Alraising money to send period kits to ice Sebold, and the book "Her Blood underprivileged girls in Nepal, a proj- is Gold" by Lara Owen, as well as the ect that was inspired by two of the ini- short essay, "If Men Could Menstru-

Pandey and Bastola offered insight into the menstruation experiences of girls in Nepal. Pandev and Bastola explained that sometimes, when menstruating, the women are forced to stay hidden away in sheds. Too often, this leads to the girl being raped and then being shamed and blamed for it, and then being seen as tainted, impure, and unmar-

They group also discussed how, all too often, educating girls about their period becomes more of a lesson in how to hide ones period, rather than actually teaching about the period itself and what is happening in your body, and how this fosters an environment in which girls feel shamed.

Many of the women in attendance expressed the sentiment that the way women learn about their body's, sex, menstruation, and their sexuality, and menopause needs to be more open, more honest, and most importantly, more proud.

Ellie Gavin is the Campus Life editor. Her email is fgavin@fandm.edu.

### Arts & Entertainment

### Hip-hop beats on Ludacris' new album dampened by profanity

Unimpressive Ludaversal not rapper's best effort, features few solid tracks

**Music Commentary** Ludaversal

Ludacris

by Julia Chirls

American rapper and actor Ludacris finished up the month with a satisfactory new album, Ludaversal which will impress some of his universal fan base and possibly leave the rest of us behind. Released on March 31, this is his ninth studio album since the start of his acting and singing career nearly 20 years ago. Perhaps he is known for his guest appearances in Usher's "Yeah!" and DJ Khaled's "All I Do is Win". He also appeared in four of the seven films that make up *The Fast and the* Furious action film series.

Among others, Ludacris has won three Grammy awards for his musical work and has been nominated 17 times since 2002. He won "Best Rap/Song Collaboration" for the song "Yeah!" in 2005, and both "Best Rap Song" for "Money Maker" and "Best Rap Album" for the album *Release Therapy* in 2007. In 2005, he won Outstanding Performance by a Cast at the Screen Actor's Guild Awards with his fellow cast from Crash.

Ludacris' major debut album, *Back* for the First Time, earned the #4



photo courtesy of Wikimedia Commons

Ludacris has been nominated for numerous Grammy Awards, and has won three of them. He has also won a Screen Actor's Guild Award.

2000. It also reached #2 on the U.S. Billboard Top R&B/Hip-Hop Al-U.S. Billboard Hot 100. Since then, he has earned seven more achievements like these on the Billboard

Miguel, Jason Aldean, Monica, and style, but Ludacris maintains the listen. hip-hop style for which he is best

track, "Good Lovin", was re- the goal of this song is to steer the leased on December 15, 2014. This bums chart. In 2003, his second of-track features R&B and pop singficial single, "Stand Up," followed er Miguel. One of Miguel's most her likings the same path, reaching #1 on the popular songs "Sure Thing," was released in 2011 and hit #1 on the Billboard Hot R&B/Hip-Hop Songs Ludaversal such as "Good Lovin," chart. "Good Lovin" contains sev- but depending on what suits your eral segments in the song where own desires and tastes, definitely In *Ludaversal*, Ludacris wrote ev- Miguel features his rapping skills ery song that is on the track list— that he learned when he was just you buy it just so you don't waste quite impressive. He also features 13. The background music features your money. Although this was not four fellow singer songwriters in a piano and a drumbeat that main- his most impressive music, Ludacfour of the songs: Big K.R.I.T., tains the tempo. Ludacris keeps the ris has had many successful years range of pitches small, but it is just in the music industry, and I have Usher. Each infuses his or her own right to make the song an enjoyable confidence that he will continue to

"Come and See Me Interlude" is the least popular song on Ludav- Sophomore Julia Chirls is a staff spot on the U.S. Billboard 200 in and the most popular song on the I have to agree with their disap-edu.

proval. The beginning of the song contains a small segment with a woman yelling in the background amidst rapping by Ludacris. Almost every word that she yells is profane, which is particularly unappealing. In addition, the pitch of her voice does not compliment Ludacris'. The song has a slow tempo that is maintained by a drumbeat. A synthesizer counteracts this beat, however. As a whole, I would have to say that the song is a bit all over the place and, truthfully, could have been left off of the album. Maybe listener far away to find a different song on the album that suits his or

I do recommend buying some of the songs among the collection on sample a song on iTunes before grow in the years to come.

The first single from Ludaversal, ersal among iTunes listeners, and writer. Her email is jchirls@fandm.

### Throwback A Knight's Tale's swordplay one-ups character development Film redeemed by creative supporting roles, not late Ledger's finest role

#### Flashback Film Review A Knight's Tale

by Preman Koshar

In honor of what would have been Heath Ledger's 36th birthday, on April 4th I watched A Knight's Tale for the first time. Directed by Brian Helgeland, the film centers on three squires, who, after the death of their liege, decide to have one of them, named William (Heath Ledger), impersonate a noble. Impersonating a noble would allow him to compete in jousting tournaments and make a bid for the princess' hand in marriage. This is made possible by a random run-in with Geoffrey Chaucer (Paul Bettany), who, in exchange for help with his gambling problem, agrees to forge William's patents. These patents verify that William is of noble birth. Much swordplay and jousting commences, while stereotypical foes are fought and subsequently defeated, and the trio, joined by a female blacksmith, does their best to hide William's true bloodline. William's ultimate goal is to "change his stars" and change his station in life, all the while securing fame, fortune, and love.

The film has above average cinematography, and repeatedly captures strong, and featured many classic the jousting scenes fluidly. Otherwise, it is not particularly notable, but the effort in the jousting scenes did not go unnoticed. The acting was rendition of "We Will Rock You,"



photo courtesy of Wikimedia Commons Heath Ledger won an Academy Award, a BAFTA, and a Golden Globe for his perormance as The Joker in The Dark Knight.

completely unremarkable, with perhaps the exception of Alan Tudyk, who played an exceptionally violent, but humorous, peasant squire. Heath Ledger and the rest of the cast did not act poorly, but failed to stand out in

The score was, however, very rock songs, as this film was meant to have rock music undertones and themes. The film begins with a great

terwoven into the plot from then on. The plot, while generally interestscenes, and I'd say that between the His email is pkoshar@fandm.edu. jousting and the swordplay, fighting took up over a third of the movie. The pacing was skillful enough that it never became truly boring, but it was still a disappointment to see that level of repetition. There are only so many splintered jousting sticks one

can see before they're ready to turn off the film. Many of the characters were very stereotypical and not well defined, and seemed to be illogical in their reasoning. They also seemed to often have fickle and unpredictable personalities. This made it difficult to sympathize with many of the characters, as it was hard to tell if they had completely good intentions or not. The dialogue was largely what saved the film, with both Alan Tudyk's peasant squire and Paul Bettany's Geoffrey Chaucer having numerous humorous and quick-witted lines.

Overall, A Knight's Tale is filled with stereotypical characters and plot devices, but is redeemed somewhat through its cinematography, strong characters, and dialogue. The film is worth seeing, but I don't really care to see it again. While it was nice to see Heath Ledger in action, his performance in The Dark Knight is far and then the score becomes more in-superior to his acting in A Knight's

ing, was pretty monotonous. There First-year Preman Koshar is the Asmust have been over twenty jousting sistant Arts & Entertainment Editor.

### Review Rating:

**C**+

A Knight's Tale has solid dialogue, but lacks plot and character development.

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### Masters: Watson returns as two-time defending champ

continued from page 10

ber one ranked player in the world, and certainly a favorite to win it. This 104th ranked player in the world afmakes it clear that if he shows up to a tournament, especially the Masters, he is there to compete. Although his game showing signs of decline, Tiger the past two decades. From the 1990s up to 2008, Tiger has wowed audiencstrate his greatness once more.

ing Augusta victorious will be a tall

and up-and-coming stars. 25-year- also are expected to make a splash, old Rory Mcilroy currently holds Tiger's previous number one ranking, and is one of the favorites to win. He year, Tiger goes into Georgia as the is coming off his best year yet in 2014 ters Champion, Bubba Watson. The after he won two major tournaments, ter suffering a major fall from grace. the Open Championship, and the PGA Despite this, Tiger Woods always Championship. He also had a strong performance in last year's masters as he finished in a tie for 8th.

Rickie Fowler, another one of struggles have been obvious, and his golf's young stars, flaunted the most impressive 2014 season without earn-Woods has been the greatest golfer in ing a major victory. The 26 year-old finished in the top 5 in every single major tournament, the Masters, US es with incredible shots, and magical Open, The Open Championship, performances that defy logic, such as and the PGA Championship. Fans victory in the 2008 US Open with a should expect him to have a consisdouble stress fracture in his left tibia. tently strong showing in this week-We wait and see if the 2015 Masters end's tournament. Jordan Spieth (21) is the occasion that Tiger would find is also one of golf's brightest young a bit of that magic of old, and demon-faces that is expected to make an impact in Augusta. Of course, fans Rediscovering greatness and leav- could never count out the old school studs like Phil Mickelson and Jim new start to the major tournament First-Year Joe Yamulla is the Assisorder for Tiger, since the field is filled Furyk. Players who have transferred season in 2015, and another oppor- tant Sports Editor. His email is jyamwith a plethora of fixtures of the game their games from the European Tour tunity to make history. Everyone in ulla@fandm.edu.

specifically Henrik Stenson and 2013 Masters Champion, Adam Scott.

Finally, there is the defending Mas-36 year-old lefty from Bagdad, Florcomes to Augusta. He is a two-time champion, winning in 2012 and 2014. Every year, Bubba uses his strength in his driving ability to set himself up for as many birdie putts as possible and he executes them. With all of the a bit under the radar. However, one would be foolish to doubt Bubba in his pursuit of a third Green Jacket.

eran, from all over the world. Each Augusta. one pursues the opportunity for a

golf has something to prove, that's what makes it so intriguing to watch. Those who have already experienced victory, seek to show the world that they are still a force to be reckoned with. On the other hand, those who ida is as dangerous as it gets when it have yet to experience prosperity are attempting to prove that their names belong in the long list of past champions. Every Masters Tournament is packed with drama and tension as the world's greatest players battle it out for the prestigious Green Jacket. talk about players like Tiger Woods However, looking beyond the stress and Rory Mcilroy, Bubba seems to be that goes into competition, the Masters is an incredible weekend. It's a weekend filled with history, nostalgia, and optimism for the Summer It's truly hard to look at the field that is yet to come. By next week, for the 2015 tournament and pick a each player will have handed in his specific player that one expects to scorecard, and the world will fiwin without bias. The field is filled nally see who comes out victorious with talented players, young and vet- in the 2015 Masters Tournament in

### Golf: Strong start, perserverance indicate likely success

continued from page 10

ish for the weekend.

by a plethora of external factors. in the Hershey Cup. The tourna- season, despite its brevity, does jyamulla@fandm.edu.

Weather, is arguably the most imments they play in after that will not show any signs of being difportant aspect that affects how high on Saturday, and then an impres- or low scores will be for the day. Messiah Falcon Classic, followed strong team filled with experisive 70 (-2) on Sunday. Stephen The team's perseverance through by the F&M Spring Invitational at enced upperclassmen and talented Colodny shot 83 (+11) and 76 the cold and substandard condi- Bent Creek Country Club. After underclassmen. Golf fans around (+4), and Chris Gabriele finished tions at the McDaniel Invitational these tournaments, the team will campus should be sure to check in at 79 (+7) and 81 (+9). Having is certainly gives reason to believe compete in the Centennial Confour players within the top twenty that this team can compete to win ference Championships at the Du- ing tournaments and follow their for the entire tournament was a in every tournament that they play main the contributing factor that in this season, especially when the Delaware. led to the team's second place fin- weather is more favorable. The

F&M Golf has a history of suc-F&M golfers will tee it up Sun- cess and competitiveness under First-Year Joe Yamulla is the As-Golf is a sport that is defined day April 5, and Monday April 6 head coach Andy Tompos. This sistant Sports Editor. His email is

be the Moravian Invitational, the ferent, as Coach Tompos has a with the team after these upcompont Country Club in Wilmington, progress throughout the duration of the season.

### NCAA: Efforts fall short of significant impact on problem



photos courtesy of latinpost.com

UPenn runner Madison Holleran took her own life last January, opening up a crucial conversation about mental health in college athletics.

#### continued from page 10

tiny will only further the issue.

To further exacerbate the issue, the majority of the women stated that they were unlikely to seek under the guidance of Neurolohelp from on campus counseling gist Brian Hainline in 2013. The services. The stigma surrounding primary purpose of this task force mental health is a serious issue in was to release a handbook but it this case as it continues to prevent is unclear what they have done athletes from reaching out. Those since that meeting. Shedding light student athletes sampled who had on the problem is the first step but attempted to reach out encountered with all this attention, hopefully a three-week wait for a counselor. they will be forced to make sig-

The NCAA does recognize its nificant strides. responsibilities and the responsibilities of fellow stakeholders, section would like to remind all such as coaches, administrators, those facing mental illness or even and teammates, but taking that re- just severe stress that Counseling sponsibility does not decrease the Services is an available and free prevalence of these issues. Athletes resource. Caring for ones mind as are unaware of available resources an athlete is just as import as proto combat mental health difficul- tecting oneself from injury. ties provided by the NCAA.

mental health awareness its num- Editor. Her email is safdhal@ ber one health and safety con- fandm.edu.

cern, but making a declaration is very different from addressing the problem.

The NCAA also convened the NCAA Mental Health Task force

The College Reporter Sports

In 2013, the NCAA declared Senior Sophie Afdhal is the Sports

Mental health issues continue to plague NCAA athletes with little attention. For full coverage... page 9



The Master's tournament begins April 9 and features the return of Tiger Woods. Read on... page 9

## Franklin & Marshall Sports

### Men's golf off to strong conference, tournament start



photo courtesy of godiplomats.com

F&M men's golf placed second out of 18 teams in the McDaniel Invitational last week. Robert Svigals '15 secured the top team score, playing an 80(+8) and a 76(+4) throughout the weekend.

**BY JOE YAMULLA** Assistant Sports Editor

into the swing of things. So far, the sive outcome. The Diplomats finished with a score of 87 (+15) The college golf season has team has played in the McDaniel came in second place out of eighkicked off and the F&M men's Invitational last weekend and fin- teen teams. The team played im-

pressively, and specifically Chris Gabriele '18 who was named Centennial Conference Golfer of the Week during the fall season in October, Brad Lankler '17 and senior Robert Svigals '15.

Coming in second in a major collegiate golf tournament is a tall task, and the weather conditions made the challenge even more daunting. On the Saturday of the tournament, the weather was in the low 30s, with wind and overcast. Sunday had high temperatures only in the 40s with just as poor course conditions. However, despite these conditions at the Bridges Golf Club in Abbottstown, Pennsylvania, the men's team was able to shoot a combined score of 321 on Saturday, and 303 on Sunday.

Robert Svigals shot a score of 80 (+8) in Saturday, and 76 (+4) on Sunday. Brad Lankler completed the weekend with the second best team has not hesitated to get right ished the invite with an impres- score on the team for F&M, as he

see GOLF, page 8

### Masters Tournament to tee | Mental health poses serious off, Tiger Woods will return problem in NCAA athletics

BY JOE YAMULLA Assistant Sports Editor

Every year, America anticipates Spring time. After long and cold winters, we look forward to green fields historic grounds of Augusta. They will also witness the brightest young player, young and old, seeks the same thing. They seek the opportunity to

write their names in golf history, and start the Summer season by capturing one of golf's most prestigious tourna-

Every year since he became a proof grass, blossoming flowers, and fessional in 1996, Tiger Woods has warm afternoons. Spring not only been the center of attention in the provides warmer weather, but also a golf world. Whether you for him to new start to life as the excitement for succeed, or anxiously await for him another Summer unfolds. The Mas- to fail, Tiger Woods is the most talked ters offers every one of these aspects about topic when the Masters is near. that we look for as the ground thaws. Last season, Tiger missed the Mas-This week, thousands will flock to ters for the first time in his career due Augusta National Golf Club in Geor- to back surgery. This year, few exgia to watch the biggest names in pected him to play, as he took a temgolf tee it up on Thursday, April 9. porary leave of absence from golf for Fans will watch in awe as golf leg- the past two months to deal with injuends such as Phil Mickelson, Ernie ries and personal issues. Despite this, Els, and Tiger Woods step foot on the and his extremely poor play in 2015 (particularly in his short game), Tiger Woods will play in the Masters. All stars in the game like Rory Mcilroy, eyes will be on the 39, 14-time ma-Jordan Spieth, and Rickie Fowler at- jor champion. However, Tiger walks tempt to win their first Green Jacket, into Augusta in a much different situwhile Bubba Watson sets out to deation than he was in two years ago. fend it after winning in 2014. Every Last time he played, he was the num

see MASTERS, page 8

BY SOPHIE AFDHAL Sports Editor

Sports Editor, both mental health en are nearly twice as likely to and sports are issues very near to develop mental health issues such my heart. Mental health is espe- as anxiety or depression. Women cially vulnerable during the college are more vulnerable to eating disyears and based on unfortunate re- orders, which are prevalent due cent evidence, college athletes are to focus and discussion of their even more vulnerable.

Last January, 19-year-old University of Pennsylvania runner about focus placed on their bod-Madison Holleran took her own ies, which while not intended to life. Since this tragedy, a conver- be inherently negative, had the sation has really begun about the potential for long-term psychoclimate of NCAA athletics inside logical damage. One woman on the locker room. Athletics add the Dartmouth College volleyball an additional level of activity to team was hooked up to a machine a college experience, unlike that to track changes in body fat perof a typical extracurricular. As centage. It is hard to not become the NCAA website states, players self-conscious with coaches and are exposed to an additional set of trainers analyzing minute numeririsk factors that other students do cal changes in your weight. Ado-

coaches, and mental health professionals in an effort to gauge

current climate. Their research focused primarily on female ath-As a Psychology major and the letes, because unfortunately wombodies.

The women shared anecdotes lescent self-focus is already high Fox Sports recently conducted during formative college years interviews with NCAA athletes, and the additions of further scru

see NCAA, page 8