



# The College Reporter

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## Anonymous student shares experience with recent coronavirus quarantine

BY MIRA LERNER

*Copy Editor*

While the coronavirus itself has not yet reached F&M, it has already prompted dramatic action within our community. Certain students have faced and completed self-isolation periods, as suggested by the Pennsylvania Department of Health and obliged by the College. One of the students who did self-isolate kindly agreed to an interview for this article. For anonymity's sake, he will be referred to as "A."

A is from the city of Chengdu, Sichuan, in southwest China and said that he was contacted by F&M at the start of the semester. Beginning on February 5th, A was self-isolated in his Campus Crossings at College Row apartment. For six days, A and one of his roommates did not leave their rooms or their apartment's living room/kitchen area. The Pennsylvania Department of Health's recommended isolation



Photo courtesy of Forbes.

A student from Chengu, seven hundred miles from Wuhan, underwent quarantine.

period for recent travelers from China is fourteen days after departure from China. When A received that information on February 5th, he only had six days left.

Although he lives with three roommates, only one other also engaged in self-isolation. The other two continued life as usual, regularly going to classes and

leaving the building. Due to the close quarters of College Row apartments, this registers the self-isolation of half of the apartment essentially useless. However, it is unclear whether or not A's roommates were also contacted by F&M.

Aside from some friends that A told, A's professors, and school officials, A does not know if others

were aware of the situation. His parents back in China knew what was going on because A told them, but he is unsure if the school had also contacted them or if his parents could even receive such information because of internet restrictions. He said that his professors were very supportive, and thinking about their kindness makes him feel "warm inside." The Joseph International Center provided further support to students in isolation and offered to arrange deliveries to rooms if they were unable to access food.

Overall, the isolation period was not difficult for A. He didn't even really feel isolated because he still interacted with his roommates, and the internet allowed him to continue playing games and FaceTiming with friends. Re-entering campus did not pose any challenges, and he said that his sense of belonging at F&M has not been changed by his

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## Dozens dead after tornado hits central Tennessee, including Nashville area

BY PATRICK CULCASI

*Layout Assistant*

At midnight on the 3rd of March, Davidson County in Tennessee was hit by extreme thunderstorms and a tornado that cut through Nashville and 3 other surrounding counties. Another tornado hit the state as well, and The New York Post claims that the second, which hit eastern Nashville, was the deadliest of the two, even though the first tornado had a path of around 50 miles. As of now, there are at least 24 confirmed deaths, at least 150 people were sent to area hospitals, and around 40 buildings collapsed. CNN reports that the storm started as some

thunderstorms with some heavy winds around midnight, and a half an hour later, the warnings were upgraded to tornado warnings. When the tornado actually formed and signs of damage were reported, residents only had around 6 minutes to act and take shelter.

Throughout the morning of the 3rd, the federal government got involved and has since been helping local governments assess the damage. Aid will be supplied to the city and surrounding area. The New York Times noted that school was canceled for the day on the third. Since this event occurred on the same day as Tennessee's primary election

day, polls were delayed opening by one hour in the affected areas. Amidst overturned cars, collapsed buildings, and widespread confusion, people are now waiting to see what will happen next.

CNN cites that this was the deadliest tornado in the United States in seven years and the death toll may continue to rise. There is still a significant amount of people missing. In Putnam County alone there were at least 34 missing people reported earlier in the week, but as of Friday the 6th, they had all been accounted for, according to the local Channel 5 News network. The state is still in a state of emergency as schools remain closed and first

responders conduct searches for missing people through damaged or abandoned buildings. Additionally, infrastructure like telephone lines and internet connections are still down in some places, and workers are struggling to make repairs due to the destruction that has been caused. This makes communication harder and locating people more challenging.

President Trump has offered his condolences to the people of Tennessee and offered the full support of the federal government. The Federal Emergency Management Agency (FEMA) is working in Tennessee to aid local

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Contributing writer on crosswalk issues, preventing illegal crossing

BY WILL KAY  
Contributing Writer

A recent article published in LNP discussed the “crisis” of illegal pedestrian crossings across Harrisburg Avenue near the College Row Apartments, citing a host of potential solutions being examined by the College and the City. As a New Yorker who has himself committed the very crossing discussed in this article (I’m unsure of the statute of limitations on such crimes, so let’s see if I get a citation in the mail after this piece is published), I can’t help but chuckle at the silliness of the whole kerfuffle. That said, it seems to be an issue both the College and the City want to rectify. With that, though, I think there is a solution far more simple than those that seem to currently be under consideration: just enforce the traffic regulations on the books.

Pennsylvania law is clear here: Title 75, Chapter 35, Subchapter C, § 3543 states clearly that “[b]etween adjacent intersections in urban districts at which traffic-control signals are in operation pedestrians shall not cross at any place except in a marked crosswalk.” This is precisely the situation we have here, a mid-block crossing where both ends of the block have traffic-control signals (the lights), and currently the law on the books is not being enforced. Simply



Collective conscientiousness may be able to prevent illegal crossings  
Photo courtesy of derckandedson.com

put, if law enforcement, be it F&M’s Department of Public Safety or Lancaster City Police, were to issue more citations based on this statute, it would disincentivize illegal crossings and likely bring down their frequency, avoiding the safety issue the crossings pose.

I don’t mean to sound like a law-and-order, broken windows conservative, but if the concern is for student and vehicle safety, then enforcement of the laws as they exist in the status quo should be sufficient to quell that concern. I see little need to recruit two different engineering firms and spend Lancaster City taxpayer dollars, to come up with some “innovative solution” when a far simpler one exists.

The LNP piece suggests one solution might be to allow for more time to cross at the crosswalks. While well-intentioned, this is unlikely to solve the problem. The concern isn’t insufficient time to cross, it’s simply that the lights take too long to change (as the LNP piece acknowledges). More time to cross won’t solve that more fundamental problem. And sure, perhaps more regular light changes might help, but it’s also a matter of convenience. Students going from home to class and vice versa are fundamentally concerned with expediency and efficiency. Regardless of improved light changes, the incentive for illegal crossings will remain. Only enforcement of the laws on the books will remove that incen-

tive, as no one, especially broke college kids like us, wants to lose money for a silly illegal pedestrian crossing citation.

I can already hear letters of response or social media/dining hall cajoles about my calling for greater policing of an already over-policed college community. I understand these concerns, and honestly hold them myself. But the fact remains that the other solutions on the table are over-costly, ineffective, and mis-targeted. As the College faces a budget crisis and the community looks to keep itself as safe as possible, increased enforcement of laws on the books seems to be the least disruptive of the potential solutions.

Should you disagree, and I am sure that many will, the solution must be a social one. Discourage your friends from making this illegal crossing. Emphasize that they put themselves, drivers, and other pedestrians at risk when they choose to cross that way. Advocate for greater social responsibility amongst your peers. Having made that crossing myself, I am defying my NYC instincts and making the commitment here to not do so again going forward. Maybe then the problem can solve itself before interventions as discussed in this piece become necessary.

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Importance of storytelling: how it evolved, why it still matters

BY OLIVIA CAPASSO  
Junior Editor

Since the beginning of time, humans have been practicing the art of storytelling. Whether fictional or non-fictional, it is in our nature to communicate stories that are personally or culturally defining. Families have taken great pride in passing down tales for generations that distinguish themselves from others in a unique way. A common story told to millions of Americans is the journey that their ancestors had made to America years ago in search of a more fulfilling life. For many of them, that or a similar story is significant and effective in connecting an individual with his or her sense of culture that may have become diluted over time. Storytelling is a central tradition and form of socializing, education, and communication in American society. With the new dawn of technology, though, that exchange has become a bit interrupted.

Stories were first shared in the form of visual representations and hieroglyphs. The first recorded drawings date back 30,000 years, and reflect a sort of “universal language” that was easily understood by all (reporter.rit.edu). As time went on, stories were then shared by word of mouth in var-

ious forms, depending on the culture. Native American tribes are known for having traditionally told oral myths, while other groups were more fond of poetry or songs. Most recently, stories have been recorded and told in the form of the written word. The first known indication of script, dating back to 9,000 years ago, was identified on surfaces such as stone, clay, and paper. Then came the printing press, first used in 1440, which came with the unique ability to share information quickly and widely. However, it limited the audience that was capable of digesting the information to just those who were literate. All of these forms of storytelling are still used today and made more accessible and apparent with technology.

Social media and the internet have played instrumental roles in maintaining the prevalence of storytelling but have shifted the nature of it dramatically. Photos on Instagram independently convey stories, as did the visual representations identified thousands of years ago in caves. Oral storytelling still plays a huge role in social scenes where humans are expected to share memories, among other accounts, and, of course, literature and social media posts provide ample space for individuals to convey messages through the writ-

ten word. The fundamental basis of storytelling is still very much present in social media; however, information is often manipulated to have an adverse effect on the audience absorbing the information presented.

The term “fake news” can be defined as individuals using the power of social media to spread harmful fictional information for personal gain. Degrading photos and posts on Instagram can have a detrimental impact on the minds of youths and support a warped perception of gender roles, body image, and what an “ideal” life or relationship should look like. Though social media no doubt serves an important role in connecting individuals, sharing information and stories quickly, and instituting soci-

etal change, it falls short by creating false ideals for the younger generations who are growing up with such technology. Storytelling as practiced on social media is effective in that it combines groups of people; however, it is unclear as to whether or not the negative information outweighs the positives that are currently presented. I believe that a movement towards more constructive messages by powerful influencers must be initiated to improve the environment of social media and allow for the art and tradition of storytelling to thrive.

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Ways to tell stories have changed, but its cultural significance has not.  
Photo courtesy of mn2s.com

Campus Life

Student announces upcoming Holocaust remembrance vigil name reading

BY MOLLY LAVOE  
Contributing Writer

On Tuesday, March 31st from 9 am to 6 pm in the Steinman College Center Atrium, the F&M Holocaust Education and Remembrance Committee will be hosting F&M’s Reading of the Names, a Holocaust Remembrance Vigil Reading. We will recite the names of individuals who perished during the Holocaust. The purpose of the event is to keep the spirits and memories alive of the individuals who passed away during the atrocities of the Holocaust. The committee invites all individuals and organizations to get involved in this event by reading names during ten minute slots. People can sign-up to read names with a group or by themselves. This event is an opportunity for the F&M community to come together to raise awareness and combat anti-semitism and other forms of discrimination towards minority groups that still exist today.

The sign up page is accessible through this link: <https://calendar.google.com/calendar/selfsched?sstoken=UUZwdDVt-Z2lXVTRqfGRlZmF1bHR8OD-g4NzdmNDkyYzI4YjA3YWWM-5MmY5ODAwN2NkYzc5NWl>

Directions for the link: (\*\*Once you open the link, press “Next available appointment slot on



Photo courtesy of reeths-puffer choirs.  
F&M Holocaust Education and Remembrance Committee hosts a name reading of all the victims of the Holocaust that lost their lives.

Mar 31, 2020. You will then be able to scroll over the available time slots. Once you sign up, the event will automatically be added to your google calendar\*\*)

This event comes at a very important time, as this year marks the 75th anniversary of the liberation of Auschwitz, the Nazis’ deadliest concentration camp. This year marks one of the last anniversaries that many survivors will be alive to share their firsthand testimonies. With that being said, our generation will be the last generation to meet Holocaust survivors. Many people worry that the horrors of the Holocaust will be forgotten once there are

no longer any survivors left. To ensure their stories are never forgotten, it is the duty of the next generation to pass down their stories. It is imperative to teach future generations about mass genocides so they will become aware of the warning signs and how they can take an active role in standing up against hatred and discrimination. With the rise in antisemitic attacks, Holocaust education is more crucial than ever to ensure history does not repeat itself. Consequently, Holocaust education is not just about reflecting on the past but also learning about how to take an active role in combatting rising anti-semitism in the

Senior Yoni Weiss on effective meal plan usage at campus dining options

BY YONI WEISS  
Coocontributing Writer

What’s going on with all these new meal prices? Back when I was a first-year, almost everything was one meal swipe, no questions asked. With the increase in on-campus meals requiring both a meal swipe and flex dollars, using a meal plan just doesn’t seem to be nearly as easy anymore. Meal plans are certainly not inexpensive, and their cost is only going up. Is there anything you can do to counter their rising cost? Yes, there is! You may not be able to lower the cost of your meal plan, but you can get a better idea of how you can use your swipes to make the most of what you paid for! In this short piece, I’ll give you a quick and easy breakdown of my recommendations for which dining locations to use meal swipes at and which to reserve for flex dollars. If you follow these simple

steps, you’ll not only use close to your whole plan, but you’ll also get more meals out of it! Let’s not waste any time, here are my recommendations:

Dining Location: Recommendation  
Dining Hall: Meal Swipe

Blue Line: Meal Swipe Meals, Flex Snacks

Flavors (LSP): Meal Swipe Meals, Flex Snacks

Mein Bowl (SCC): Flex

Grill on the Green (SCC): Meal Swipe

Simply Salads (SCC): Meal Swipe

These recommendations are how you get the best value for one meal at each of these dining locations. Let’s see why.

Dining Hall: Dhall is the most straightforward of them all: if you go to dhall use a meal swipe to access the all-you-can-eat buffet. In case you were wondering, breakfast is \$11.70, lunch is \$19.26, and dinner is \$20.60 flex.

Blue Line: At Blue Line, a meal swipe is equivalent to \$6 flex. That will be plenty for your favorite coffee, as most only cost around \$3.50. When you purchase a meal using a swipe, though, you get a 12 oz. drink as well, which gets you nearly \$10 worth of food for only \$6. Some of those options require \$2 flex in addition, but you still come out ahead by almost \$2. Now, if you are just getting a snack or really just want your favorite coffee, consider using your flex dollars. Specifically, use flex if the cost comes out to less than \$6. Don’t let this prevent you from buying snacks at Blue Line. I, too, bought my fair share of those amazing Nute-lla cookie sandwiches (which I

miss very very much).

Do keep in mind that at Blue Line, flex dollars won’t get you nearly as much food as your meal swipes will. Flavors: Flavors is very similar to Blue Line, with a minor twist. Like Blue Line, meal swipes give you much better value. Consider Flavors’ lunch options where you can get a meal, chips or fruit, and a drink with a single meal swipe. When I fall for one of their muffins or cookies, though, I’ll use flex dollars and so should you! The difference here is that Flavors doesn’t have a set amount of how many flex dollars make a meal swipe. Either you can pay with a meal swipe or you can flex your purchase.

Mein Bowl: Ready for this twist? At Mein Bowl, your flex dollars are more valuable than your meal swipes. How? For starters, one meal swipe is equivalent to two flex dollars.

If you have any questions regarding the event or the Holocaust Education and Remembrance Committee, feel free to email [mlavoe@fandm.edu](mailto:mlavoe@fandm.edu)

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# Campus Life

## Meal Plan: How to best manage F&M’s multifaceted student meal plan, navigating meal swipes, flex money, various dining options

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alent to \$5 flex— the least of the on-campus dining locations.

Next are the prices: the cheapest meal, at \$7.19, includes one entrée and one side. As for the sushi, the cheapest option is the vegetable roll, ranging from \$5.59 to \$11.49. Most items are more than \$5, meaning that they require you to use both a meal swipe and additional flex dollars for your purchase. Some meals are even over \$10, meaning that you would have to use two meal swipes and additional flex dollars just for one meal! Consider how much food you get with one swipe at dhall and then see that here, you get less food for

more swipes. So instead, just purchase your meal with flex dollars and pocket those swipes for another location. The last thing is that paying with flex means you’ll need to flex your drink as well. No matter, drinks are only \$2.49 and you still save more by using flex! To their credit, though, Mein Bowl has come out with smaller sized meals available for a single meal swipe. Somewhat surprisingly, this may be the best valued meal they have.

Grill on the Green: Everything here can be purchased using a meal swipe and comes with a drink, so meal swipes are the way to go. Meal swipes are still equivalent to \$5 flex, and, believe it or not, all of the meals cost more than that. Not

only do you save, you also get more by using your meal swipes here.

Simply Salads: Like at the Grill on the Green, using your meal swipes are the best option here. Additionally, the new soup and salad combo (with a drink) is the best value. Note that your salad price is based on weight— the larger your salad, the higher the price in flex dollars. One meal swipe gets you a salad, regardless of size. Meals swipes are the winner here.

The take away from all of this is that the number of flex dollars that are equivalent to one meal swipe varies across the different dining locations on campus. This means that in certain dining locations, you ac-

tually get more for your money by paying with flex dollars. The last but most important tip I can give you is that the best way to use your meal plan to its full potential is to monitor your swipes. By checking in on what you have remaining, you can see if you are running low on one commodity and switch over to the other. To help with this, there is an online portal which allows you to see what you have spent and what you have left. By taking just a few minutes to remember this, you’ll maximize your meal count from your meal plan and will get the most out of what you paid for!

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## Professor Julie Smith informs students about misinformation in media

**BY NINA KEGELMAN**  
*Staff Writer*

This week’s common hour speaker was Professor Julie Smith, MS of Webster University School of Communications. A world-wide speaker and author of the book Master the Media: How Teaching Media Literacy Can Save our Plugged-In World, Smith presented her talk “How to Spot Disinformation in Today’s Media” to the common hour community. Packed with silly GIFs and ironic visuals, Smith’s presentation explored the challenges of finding reliable sources in a politically polarized era and offered suggestions for safety and credibility online.

For Smith, media literacy boils down to critical thinking. She walked the crowd through the knowledge and skills necessary for critical engagement with the media. First, she defined what is called “sticky” media in her field: media that makes money from the attention it receives. For example, Facebook is sticky media. In questioning the credibility of our news sources, Smith encourages us to determine their “stickiness.” With today’s media frenzy over the coronavirus, she warns that the media has nothing to gain by downplaying the public health threat. By revving us up, the media ensures we “tune in and stay tuned in.”

Smith turned towards the importance of committing to the quest for authentic information. Amidst political polarization like we see today, we tend to stay within certain “ideological bubbles.” The media

is no exception to this phenomenon. Smith claims that we tend not to seek out media we disagree with, which makes us blind to potential misinformation. Regardless of political affiliation or news outlet preference, Smith urges us to always check for authenticity.

Just because a website is designed well, for example, that doesn’t mean it is a credible source. She shared some examples of her students’ work for an assignment tasking them with inventing real-looking fake news headlines. “Queen Elizabeth Dead at 93,” read one of the designs, an uncanny imitation of NBC’s digital imagery. Smith shared that the student who had created the headline said the assignment scared him because it made him feel so powerful.

Aside from not falling prey to savvy-looking sites, Smith also listed certain behaviors we can practice to spot disinformation. Self-checking, for example, means gauging the emotional response a headline or story gives us. If it makes you feel very strongly, be it happy, sad, or upset, chances are, it’s not a very credible source, Smith warned. Self-checking also demands that we check our own “baggage.” What opinions or biases do we already have towards this issue? How are we shaping our own communication experiences?

Next, Smith explained the various sorts of visual manipulation pervasive in today’s media. With platforms like Facebook and Twitter, which were never intended to be news sources, gaining popularity, digital trickery is practically inevitable. Smith showed examples of

misleading charts and graphs, advising viewers to check sources and always read statistics. She also distinguished between what are called “deep fakes” and “shallow fakes.” Shallow fakes are forms of media, like videos, whose original content is altered for a desired effect. Smith used a video of a speech by Nancy Pelosi, which had been slowed down for dramatic effect, in which Pelosi appeared drunk, to illustrate this type of fake. Deep fakes, on the other hand, interfere with the original content of a source, making a subject appear to be saying or doing something that never happened. Smith recommended looking for facial discolorations, strange lighting, blurriness around the neck, and unusual blinking patterns to spot deep fakes. And of course, if the content is just too weird to have really happened, it’s probably fake.

Smith also emphasized the “Google Reverse Image search” tool. Whether it be a fishy Twitter post or a bot account’s profile picture, this tool can check the internet for other sites using the same image. She also recommended running your own photos through Google Reverse Image to be sure other sites aren’t using them without permission. Bots on Twitter, Smith added, are easy to spot for their lack of followers, the type of accounts they follow (only women, perhaps), or strings of numbers following their username. If a bot chats you up, it will likely show errors in verb conjugation, article usage, and capitalization.

Smith finished by listing several useful fact-checking tools, like Google fact-check explorer,

snopes.com, watchframebyframe.com, trendsmap.com, and hoaxslater.com. She left the crowd with questions to ask themselves when examining the media: How could this message be interpreted differently? What information does it leave out? How else could I look at this?

The question portion of the talk included discussions about the media and political debates, how to call out friends for posting misinformation, how to find objective sources, and opinions on satirical news like The Onion, The Daily Show, and Saturday Night Live.

Smith recommended reading transcripts rather than watching political debates, pointing to the famous example of the Nixon vs. Kennedy debate in 1960. Appearances can be deceiving, especially with carefully construed footage. As for calling out friends and family, Smith underscored the importance of exposing disinformation even when it’s uncomfortable. As long as it’s done with respect and privacy, calling out friends for spreading misinformation ourselves is the best way to stop it from spreading. Lastly, Smith added that some news is better than no news when it comes to satirical sources, which purposely misinform for comedic effect. However, advising that there is no “one truly objective source,” Smith encouraged collection of news from various different sources and drawing conclusions independently.

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# Arts & Leisure

## Student organizes “Apollo Night” show to celebrate Black History Month

**BY ZOE ROBINSON**  
*Contributing Writer*

This past weekend, I attended Apollo Night, a show put on by F&M junior, Rawchaayah Charles, in celebration of Black History Month. Rawchaayah, or “Rocky,” as some of her friends affectionately call her, is a force to be reckoned with. I’ve had the great honor of knowing Rocky since our freshman year at F&M. She’s the type of person that when she speaks, you listen. When I found out about Apollo Night, I was excited to go and only thought of it as a simple closing event for Black History Month, where a few people would sing a song or two. What I did not expect, however, was the depth of creativity, passion, and pride in the Black identity reflected on stage.

Rocky hails from Brooklyn, New York, but she grew up within the Caribbean culture that her family brought with them when they immigrated from Jamaica and Haiti. When I asked her what inspired her to put on the event, she responded simply, “to get all the black people together.” She wanted to bring the community together and saw Apollo Night as the perfect opportunity. The idea slowly began last semester, but in the end, it turned into something that she never quite expected. Her thoughtfulness and love for her community is clearly reflected

not only in the performance itself but the way she talks about the planning process as well. For her it was important that “every person felt involved and was hands on.”

One core idea that ran through the performance was that identity isn’t one-dimensional, not even within the black community. Coming to F&M was one of the first times that I had been able to talk to people within the African diaspora who proudly expressed the melange of their various cultural backgrounds. She was very conscious about showing off the different identities within blackness and wanted it to be a cross-cultural event. Through every step, Rocky said that she “talked to people who came from a host of different backgrounds, such as Africa, the Caribbean, and people who identify as Afro-Latina throughout the planning process.”

She also choreographed the entire thing, aside from the Latin section. Her research was extensive. She noted that she would “spend hours watching youtube videos of specific types of dance” and then would go to the studio and practice. While she began to formulate the idea last semester, she told me that “practice didn’t really start until February, and I actually changed everything from what I had previously planned.” Her only rule was that the performers had to be black and in

that she wanted to showcase that within being black, “we are all different which is so beautiful. Everyone brings so much to the table, and I think it’s super important to show that we are all not the same, which is fun.”

From the audience, I felt the enthusiasm of all the dancers and the pride that they felt in their identities. Rocky had given them a literal stage and they were able to create a space for themselves in a society where the only art forms that are appreciated and praised are very eurocentric. The dancers and the singers all expressed their gratitude for not only having the opportunity to show off their craft but also to be included in the project. It was evident not only to them but to me as an audience member that the personal impact the performance had on the black community was even bigger than we could have imagined.

The ideas of belonging and identity can be complicated ones. From what society tells us to what we tell ourselves, we carry experiences with us that colors how we view ourselves in relation to our community. For me, it was very affirming to see my identity on stage, and even though I might not have known every person there, the pure joy on their faces while performing made me feel like I was cheering on my best friends.

Throughout our interview, it was clear to me that Rocky was



Photo courtesy of Rawchaayah Charles.

**Junior Rawchaayah Charles organized and single-handedly choreographed the majority of the show.**

intentional in reflecting her love for her community in the performance. What Rocky was able to do wasn’t an easy feat. It was something that all true black creatives strive to do: write a love letter to the black community. Black is beautiful, talented, multidimensional, and something that can hardly be summed up in an hour’s performance. However, she was able to capture it. Walking out of the performance, I knew I had just witnessed something that words could not explain. I felt myself thanking Rocky and my community for showing me how to love my blackness just a little bit more than I had before.

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## Classics Department sponsored screening of *Agrippina* Opera for “Classical Day”



Photo courtesy of metopera.org.

**For “Classical Day” on Saturday, February 29th, the Classics Department sponsored a trip to Lititz, PA to view a live screening of the Metropolitan Opera’s *Agrippina*.**

**BY ALEX PINSK**  
*Editor-in-Chief*

On Saturday, February 29th,

the F&M Classics Department hosted its annual “Classical Day,” during which students were invited to attend a live screening of the

Metropolitan Opera’s *Agrippina*. *Agrippina*, originally written by George Frideric Handel, is an opera in three acts which tells

the story of Agrippina’s attempt to take down the Roman Emperor

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# Arts & Leisure

## Agrippina: Live screening of Met Opera for “Classics Day”

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or, Claudius. Agrippina, in turn, intends for her son Nerone, and consequently herself, to take power. The opera embodies the ravenous power struggle extant in the context of ancient Roman society, complete with themes of humor, ambition, desire, and control.

The casting of the piece was particularly striking. Joyce DiDonato carries the show, playing the role of “power-hungry” Agrippina (metopera.org). She captivates the audience with her immense vocal range and authoritative presence, particularly in her “Pensieri, voi mi tormentate” (Thoughts, you torment me) performance. Perhaps most distinctive is the role of Nerone, played by Kate Lindsey. Nerone is a male character; however, the

“casting of a woman for the role of Nero was clever and captivating,” said Ben Grove ‘20. The “voices of every single character were incredible,” Grove continued, but he thought Nerone’s was particularly noteworthy.

I found that watching the opera directed for and suited to a live-stream setting was quite effective. While the audience was not sitting directly in front of the stage at the Metropolitan Opera House at Lincoln Center at the time of the performance, we were still very much able to engage with the performance. The live-stream allowed for the camera to zoom-in on the stage, providing us with an up-close view of the characters and the set. It gave us a clearer picture of costumes, movements, and stage angles. Students noticed that with these up-close shots, the nuances of each individual character became more apparent. “I

was amazed with the performers’ control of their bodies. The fact that they were able to move in the ways they did while singing was incredible,” commented Sara Vitelli ‘20.

The show was spectacular, providing us with not only an up-close view of the performance but also with backstage conversation and interviews with the cast. Furthermore, the subtitles were presented directly on the screen, so we did not have to look above the stage or by our seats, as we may have had to do at the Met itself.

The modern setting gave the story a new tone and made the content more applicable to the modern day. “Agrippina was a modern take on a power struggle common to the ancient elite,” said Grove.

Ultimately, Agrippina wins. Nerone takes the throne, and Claudio calls upon the gods to

bless the future of Rome. This was a happy ending, to the dismay of a few students. However, we can expect nothing less from a Roman comedic performance.

Perhaps Kyra Lisse ‘22 puts it best, claiming that attending the performance was a “rare opportunity to not only see one of Handel’s finest, but also to witness it close-up—which is more than many at the actual Met could say. The performers led with gravitas, wit, and, of course, astonishing talent.”

Many thanks to F&M’s Classics Department for sponsoring Classical Day and providing students with the opportunity to observe their classical education in a new context.

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## Callaloo Trinidadian Kitchen on 351 N Mulberry Street is a must-try spot

BY DIANA LICHTENSTEIN  
Staff Writer

The vast amount of incredible and unique restaurants that Lancaster has to offer always amazes me. It also amazes me that it has taken a year and a half for me to try or even hear about certain restaurants that will now forever be a part of my restaurant rotation. One example of this is the Trinidadian restaurant called Callaloo located not too far from campus. I went for the first time a few weeks ago and, unbeknownst to me, this restaurant was already a fan favorite among many students. When I was telling my friends that I was planning to go, almost all of them raved and gave dish recommendations. Some even said that it was their favorite restaurant in all of Lancaster.

After all of this high praise, I could not wait to give Callaloo a try. When I stepped into the restaurant, I was consumed by delicious smells of spices wafting over me. The interior was so quaint and inviting. It felt like I was in someone’s home. When I was seated, I glanced over the menu and everything looked delicious. The staff was so welcoming and helpful in choosing what to order. My friends and I decided to start with the aloo pepper roti—a crisp roti filled with cheese and spicy potatoes. It reminded

me of a Trinidadian quesadilla. It was loved by the whole table. This would have to be the menu item that I would most recommend. For my main entree, I ordered the coconut jerk chicken, which was accompanied by jasmine rice, and was the perfect combination of sweet and tangy. My friends ordered the buss-up-shut specials which each consist of a curry dish that comes with this wondrous flatbread that is very popular in traditional Trinidadian cuisine. This flatbread was unlike anything I have ever tried. It was very flaky and addicting.

I enjoyed this meal so much that I decided to go back a week later when my aunt and uncle were visiting me. I was concerned because they have such sophisticated palates and high standards when it comes to restaurants, so the pressure was on for me. Upon arrival for the second time, I decided to switch up the ordering. We started with the doubles—fried flatbreads topped with chickpeas. The flatbreads were surprisingly light and the chickpeas were so flavorful. In addition, we ordered the fried chicken bao buns, which I was told were big hits at Callaloo. There was a good reason for this. The buns were soft and the chicken was crispy. There was a delectable sauce that coated these mini sandwiches that I am still dreaming about. My aunt and I ordered



Photo courtesy of lancastercityrestaurantweek.com

Callaloo is a Trinidadian restaurant located downtown. They serve a variety of dishes from flatbreads and chicken dishes to Trinidadian quesadillas.

the same thing as our main dish: the chicken curry buss-up-shut special. The curry was filled with large chunks of chicken perfectly cooked alongside potatoes, chickpeas, and pumpkin. It was tasty, but the real star of the show was that flaky bread. For dessert, we tried the ginger and lemongrass crème brûlée. I am usually not a huge fan of crème brûlée, so the fact that this was so over the top delicious affirmed my notion that everything on this menu must be delicious to some extent.

I was so happy that my uncle and aunt not only compliment-

ed me for choosing this lovely restaurant, but even noted that it was the best place they had been to in months. Maybe that was just to flatter me, but either way, I was content. Please, students, faculty, or anyone reading this, try Callaloo. I swear that I would not steer you wrong. Even notorious picky eater, sophomore Savannah Familo said she would potentially try Callaloo if it weren’t for her peanut allergy.

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F&M women’s track and field team win gold in the 4x800m relay. Read more below...



photo courtesy of godiplomats.com

A Zamboni driver becomes victorious goalie for Carolina Hurricanes. Read more below...

# Franklin & Marshall Sports

## F&M Track and Field set new personal bests in CC Championships

BY JAMIE BELFER  
Sports Editor

F&M hosted the track and field Centennial Conference Championships this past Saturday, February 29th and Sunday, March 1st. At the end of the first day of competition, the F&M women’s track and field team finished in sixth place out of ten teams. The men’s track and field team held down the ninth spot at the end of day one.

Many Diplomats set personal records on the first day. Both throwers, Emma Steffan and Rachel Caruso set new personal bests in the weight throw. Sophomore Emma Steffan clinched fifth place, throwing an impressive distance of 12.88m. First year Rachel Caruso finished 12th with a personal best of 9.23m.

The women’s relay teams excelled on the first day as well. Sophomore Laura Greene, senior Emily Natoli, first year Sydney Dzenutis, and sophomore Alexis Salerno came in third place in the distance medley with a time of 12:28.29 to bring home a bronze medal. Emily Natoli, first year Abby Lienhard, sophomore Kate Klaver, and senior Sabrina Piccinini came in eighth place in the 4x200m relay with a time of

1:56:51.

Members of F&M’s men’s track and field also excelled on day one. Junior Aaron Digregorio finished in 9th place in the prelims of the 60 hurdles with a time of 9.68. Meanwhile, sophomore Isaiah Chery finished 9th in the prelims of the 60 dash, with a time of 7.31. Chery, DiGregorio, junior Harley Wedholm, and junior Ryan Braun finished fourth in the 4x200 with a time of 1:36.28, just four seconds away from the bronze.

At the end of the first day of competition, Johns Hopkins led both the women’s and the men’s teams by earning the highest number of points. The women’s team garnered 97 points, while the men’s team earned 51 points.

The Diplomats had a fantastic day two at the Centennial Conference Championships. The biggest, most impressive win of the day for F&M was the women’s 4x800 race. Sophomore June Sanchez, Alexis Salerno, sophomore Laura Greene, and first year Sydney Dzenutis set a Centennial Conference record with a time of 9:29.20. This time was more than one second faster than the Centennial Conference record, previously held by Swathmore. These

runners are only in their first two years as collegiate athletes at F&M. It should be exciting to see if they grow and continue to increase their time in this relay for years to come.

The men’s 4x800m relay team of Harley Weldhom, first year Alexander Fillman, Ryan Braun, and first year Jack Emrey finished in fourth place with a time of 8:09:16. They were less than three seconds away from placing in third.

At the end of the second day, the F&M women’s track and field

team placed 8th out of 10 teams and the men’s track and field team placed ninth out of nine teams. Both the men’s and women’s track and field teams for Johns Hopkins University finished in first place.

With the CC championships finished, F&M is moving into its spring season. They will compete in the Little Three Meet at F&M on Saturday, March 28th.

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Photo courtesy of godiplomats.com.

The F&M women’s 4x800 relay team earned first place in their race. This team was composed of Laura Greene, Alexis Salerno, June Sanchez, and Sydney Dzenutis.

## Zamboni driver, age 42, becomes oldest goalie to win regular season debut

BY GABBY GOODWIN  
Managing Editor

David Ayres thought his days of playing competitive hockey were long over when he underwent a kidney transplant 15 years ago. It turns out, however, that he had one more game left, and this game would be played in front of more than 18,000 people. On Saturday, February 22nd, David Ayres, a 42-year-old Zamboni driver for the Toronto Marlies, was forced into action as an emergency goalie for the Carolina Hurricanes, due to injury of both Hurricane goalies, James Reimer and Petr Mrazek.

In an interview with TODAY, Ayres said that he initially thought it was a joke when he was told to suit up, as he would be filling in as an emergency goalie for the Carolina Hurricanes against the Toronto Maple Leafs. “Actually, I did think it was a prank,” the 42-year-old father of three said. “When the guy first came into the room, he said, ‘Get your stuff on, we’re going out on the ice,’ I said, ‘Are you serious?’” (today.com).

The NHL has a rule mandating

that home teams have an emergency goalie in attendance who is available to both teams. Ayres is the director of operations at the Mattamy Athletic Centre, a local arena in Toronto, where one of his jobs is to drive the Zamboni to smooth the ice in the rink. On Saturday night, however, his job was quite different when he came to the rescue for the Hurricanes.

Entering the game in the second period with the Hurricanes leading 3-1, Ayres had a shaky start, allowing two quick goals, but he quickly settled down with a save in the second period and seven more in the third. “I was confident until I hit the ice, and then I got terrified,” Ayres said. “One of the players came down to me, and he said, ‘Just relax, this is gonna be fun for you, have a good time with it. We don’t care how many goals you let in, and let’s just have fun’” (today.com).

Ayres shut out Toronto in the third period to help clinch a 6-3 win for the Hurricanes. By the end of the game, the crowd was in a frenzy, and Ayres received a standing ovation by the Toronto

crowd despite beating their team. On February 22nd, Ayres became the oldest goalie in NHL history to win his regular season debut at 42 years and 194 days. He was paid \$500, and his stick was sent to the Hockey Hall of Fame in Toronto.

Raleigh Mayor Mary-Ann Baldwin has named February 25th “David Ayres Day,” and the Hurricanes are selling special No. 90 Ayres jerseys with proceeds going to a kidney transplant foundation in his name.

Ayres became just the third emergency goalie to ever play in an NHL game in the modern era, and the first since Scott Foster was used for a 14-minute stretch with the Chicago Blackhawks in 2018. Ayres said Foster sent him a text message the following day congratulating him on his performance (today.com). In no other sport can an average Joe arrive at work expecting nothing, only to leave it a hero.

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Photo courtesy of torontosun.com.

David Ayres was called in as an emergency goalie to play for the Carolina Hurricanes.