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#### Anonymous student shares experience with recent coronavirus quarantine

#### BY MIRA LERNER

Copy Editor

While the coronavirus itself has not yet reached F&M, it has already prompted dramatic action within our community. Certain students have faced and completed self-isolation periods, as suggested by the Pennsylvania Department of Health and obliged by the College. One of the students who did self-isolate kindly agreed to an interview for this article. For anonymity's sake, he will be referred to as "A."

A is from the city of Chengdu, Sichuan, in southwest China and said that he was contacted by F&M at the start of the semester. Beginning on February 5th, A was self-isolated in his Campus Crossings at College apartment. For six days, A and one left. of his roommates did not leave their rooms or their apartment's living room/kitchen area. The Pennsylvania Department Health's recommended isolation regularly going to classes and



Photo courtesy of Forbes. A student from Chengu, seven hundred miles from Wuhan, underwent quarantine.

period for recent travelers from China is fourteen days after departure from China. When A received that information on Row February 5th, he only had six days

> Although he lives with three roommates, only one other also engaged in self-isolation. The other two continued life as usual,

leaving the building. Due to the close quarters of College Row apartments, this registers the selfisolation of half of the apartment essentially useless. However, it is unclear whether or not A's roommates were also contacted by F&M.

Aside from some friends that A told, A's professors, and school officials, A does not know if others

were aware of the situation. His parents back in China knew what was going on because A told them, but he is unsure if the school had also contacted them or if his parents could even receive such information because of internet restrictions. He said that his professors were very supportive, and thinking about their kindness makes him feel "warm inside." The Joseph International Center provided further support to students in isolation and offered to arrange deliveries to rooms if they were unable to access food.

Overall, the isolation period was not difficult for A. He didn't even really feel isolated because he still interacted with his roommates, and the internet allowed him to continue playing games and FaceTiming with friends. Re-entering campus did not pose any challenges, and he said that his sense of belonging at F&M has not been changed by his

see QUARANTINE, page 2

#### Dozens dead after tornado hits central Tennessee, including Nashville area

BY PATRICK CULCASI

Layout Assistant

At midnight on the 3rd of March, Davidson County in Tennessee was hit by extreme thunderstorms and a tornado that cut through Nashville and 3 other surrounding counties. Another tornado hit the state as well, and The New York Post claims that the second, which hit eastern Nashville, was the deadliest of the two, even though the first tornado had a path of around 50 miles. As of now, there are at least 24 confirmed deaths. at least 150 people were sent to area hospitals, and around 40 buildings collapsed. CNN reports that the storm started as some

thunderstorms with some heavy winds around midnight, and a half an hour later, the warnings were upgraded to tornado warnings. When the tornado actually formed and signs of damage were reported, residents only had around 6 minutes to act and take shelter.

Throughout the morning of the 3rd, the federal government got involved and has since been helping local governments assess the damage. Aid will be supplied to the city and surrounding area. The New York Times noted that school was canceled for the day on the third. Since this event occurred on the same day as Tennessee's primary election

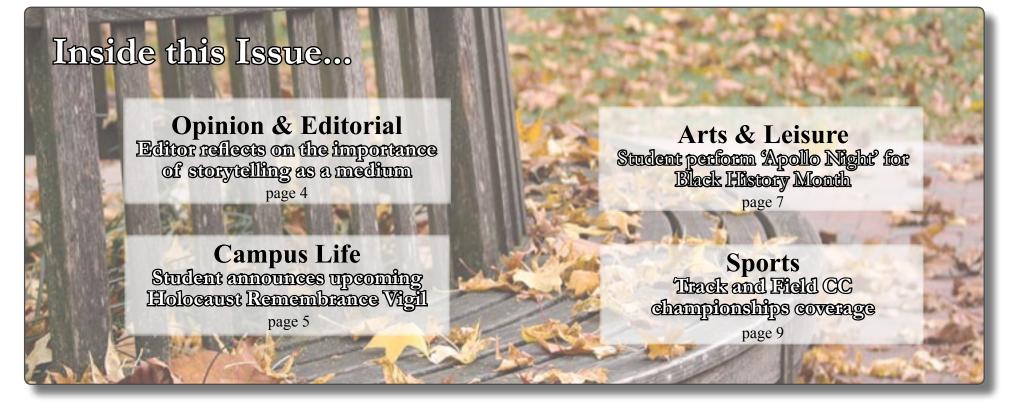
by one hour in the affected areas. Amidst overturned cars, collapsed buildings, widespread and confusion, people are now waiting to see what will happen next.

CNN cites that this was the deadliest tornado in the United States in seven years and the death toll may continue to rise. There is still a significant amount of people missing. In Putnam County alone there were at least 34 missing people reported earlier in the week, but as of Friday the 6th, they had all been accounted for, according to the local Channel 5 News network. The state is still in a state of emergency as schools remain closed and first

day, polls were delayed opening responders conduct searches for missing people through damaged or abandoned buildings. Additionally, infrastructure like telephone lines and internet connections are still down in some places, and workers are struggling to make repairs due to the destruction that has been caused. This makes communication harder and locating people more challenging.

President Trump has offered his condolences to the people of Tennessee and offered the full support of the federal government. Federal The Emergency Management Agency (FEMA) is working in Tennessee to aid local

see TORNADO, page 2



**Quarentine:** Student advocates for greater awareness and precautions in light of virus

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experience.

The biggest difficulty for A was missing classes. Just trying to four to six class periods was hard confined to his apartment was not difficult but kind of frustrating.

After his experience in isolation, A wishes that people Senior Mira Lerner is a copy situation more seriously. Some fandm.edu.

people are comparing it to the flu, but they should pay more attention to staying healthy, he said. As officials the coronavirus inches toward Lancaster and governments catch up with work after missing consider how to slow the spread, increasingly extreme measures some, though, such measures are already a reality.

would treat the coronavirus editor. Her email is mlerner@

## CRIME WATCH

Saturday, Feb 29, 9:23 pm - The Department of Public Safety (DPS) responded to a loud noise complaint at 735 College Ave.

Saturday, Feb 29, 11:03 pm - DPS responded to a fire alarm caused by a drug violation at 446 W James St.

Sunday, March 1, 12:45 am - DPS responded to a loud noise complaint at 520 N Charlotte St.

Sunday, March 1, 3:52 am - DPS received a report of underage drinking in the Ware Parking lot.

Monday, March 2, 8:04 pm - DPS responded to a report of disorderly conduct after a male was found urinating in Bonchek Hall.

Monday, March 2 - DPS received a complaint of harassment from a student after they received texts from their ex-partner.

Tuesday, March 3, 5:15 pm - Around this time a student was bitten by a dog while running on College Ave. It was reported the following day.

Tuesday, March 3, 9:43 pm - DPS responded to a drug violation in Weis Col

Tuesday, March 3, 10:16 pm - DPS responded to a drug violation in Ware

College House. Tuesday, March 3, 10:19 pm - DPS responded to a drug violation in Buchanan

Tuesday, March 3, 11:00 pm - DPS responded to a drug violation in Weis College House.

#### **Tornado:** Full extent of damage remains unknown following tornado near Nashville

continued from page 1

and responders. The full extent of the incredible state. Great people, it's damage -- and the full timeline a great state and they have great for its repair -- is still yet to be determined. On Friday the 6th, for him. Also, he said that being may become commonplace. For Trump visited the state and took a helicopter ride over the wreckage be released and the reconstruction with Gov. Lee and Senator Marsha Balckburn. The New York Post published a quote from President Sophomore Patrick Culcasi is Trump's address to the people a layout assistant. His email of Tennessee, he said, "I have a pculcasi@fandm.edu.

message for the families of those that lost their lives. We love them. emergency they're incredible people, it's an leadership."

In the coming weeks, it is likely that an estimate of the damage will of the region will commence.



Photo courtesy of ABC News

#### Middle Tennessee was struck by the strongest tornado in more than a decade last week, leading to massive damage to local communities and dozens of deaths.

#### Concerns over administration's delayed response to coronavirus increase BY JEREMY MAUSER

95,000 infections worldwide. 3,300 deaths worldwide. More than 80 countries affected thus far. COVID-19, more commonly known as coronavirus, has caused mayhem across the globe--and now, it's working its way across the United States.

The disease originated in Wuhan, China. As of Saturday evening, over 80,000 Chinese citizens have become infected, with more than 3,000 confirmed deaths.

Evidence of the disease first arose in December of 2019, which prompted the Chinese government to inform the World Health Organization (WHO) that several pneumonia cases had sprung up. Experts identified the new disease on January 7, China announced its first death on January 11, and the first non-Chinese case was reported on January 13.

Iran and Italy were also hit hard, with the number of infected citizens



exceeding 3,000 and death tolls rising above 75 in each country. In addition, two cruise ships are with pre-existing medical conditions under quarantine due to infected passengers being on board, with 705 people aboard one outside Japan and thousands of passengers aboard one outside San Francisco.

mortality rate for COVID-19 is at 3.4 percent." Trump told Fox News

percent, with certain demographics -- including the elderly and those -- facing even greater consequences

upon exposure. However, Politico further reports that President Donald Trump questioned these statistics, citing his According to Politico, experts "hunch" in claiming that he believes from WHO stated that the global the mortality rate is "way under 1

that "a lot of people will have [the virus] and it's very mild... They'll get better very rapidly."

Vice President Mike Pence, whom the President placed in charge of handling the public health crisis on the American front, recently revealed that medical facilities will not be able to meet the demand for coronavirus test kits. Yet Pence did say that all one needs to do to acquire a test is to meet with a physician.

As New York recently experienced its 22nd case diagnosis, with patients in NYC, Long Island, Westchester, and beyond, the stock market has plummeting. Specifically, been the S&P 500 dropped more than 3 percent on Thursday, and Asian markets have been following suit in dropping conditions.

Airlines are perhaps facing the greatest damage, according to the New York Times. However, Starbucks also expects a significant drop in sales globally and the film market is starting to react to the

see CORONAVIRUS, page 3

## **Moderate Democrats drop out of primary**

BY ELLYN FRITZ Staff Writer

Within the past week, the first openly gay presidential candidate, Pete Buttigieg, the two female frontrunners, Elizabeth Warren and Amy Kloubacher, and Michael Bloomberg all dropped out of the race for the Democratic nominee.

Pete Buttigieg's announcement came a day after he finished fourth in South Carolina's Democratic Primary, in a virtual tie in Iowa's caucuses, then second in New Hampshire and third in Nevada. When he officially suspended his campaign last Sunday evening on March 1st in South Bend, Alameda, he told the crowd, "The truth is that the path has narrowed to a close, we have a responsibility to consider the effect of remaining in this race any further. On March 2nd, Amy Kloubachur ended her 2020 presidential campaign, stating "It is up to us, all of us, to put our country back together, to heal this country and then to build something even greater,» Klobuchar said at a Biden campaign event in Dallas, Texas. I believe we can do this together, and that is why today I am ending my campaign and endorsing Joe Biden for president," the Minnesota senator said.

On the eve of Super Tuesday, Buttigieg, Kloubachur, and former Texas representative Beto O'Rourke all endorsed Joe Biden with the collective goal of the Democratic party "win[ing] big," as Klouchachur said at a Biden campaign event in Dallas, Texas.

Last Tuesday was the biggest day of the 2020 primaries as one-third of all delegates were awarded. Joe Biden

came out on top with 514 delegates awarded, winning Alaska, Arkansas, Maine, Massachusetts, Minnesota, Carolina. Oklahoma, Tennessee, Texas, and Virginia. Bernie Sanders followed closely in the race, winning 435 delegates, with a big win in California, along with winning Colorado, Utah, and Vermont.

Elizabeth Warren, once a front runner in the race known for her progressive policy proposals, failed to attract a broader political coalition in the Democratic Party and collected 33 delegates on Tuesday. Since announcing her withdrawal Thursday, both Sanders and Biden have spoken with her about her highly sought after political endorsement, however, Warren has revealed very little on her intentions. Michael Bloomberg was awarded a mere 23 delegates on Tuesday and shortly after dropped out of the presidential race, promising to financially back Joe Biden

Almost two weeks ago, Bernie Sanders was considered to have a clear upper hand in the 2020 presidential race; however, the results of Super Tuesday demonstrate the sudden shift in the political momentum. Sanders was expecting victories in Texas and Maine, however, Biden took those wins. Sanders campaign team has not yet managed to generate the soaring turnout among young voters that he had been counting on to secure the nomination, leaving him to restrategize over the next few weeks to successfully combat Biden's current momentum.

Sophomore Ellyn Fritz is a staff writer. Her email is efritz@fandm.edu.

#### **Coronavirus:** *Worldwide commerce, tourism* race, narrowing field to Sanders versus Biden industry halt in wake of coronavirus outbreak

#### continued from page 2

global crisis, as evidenced by the 7-month delay of the release of the new James Bond film No Time to

Because of the great risk associated with acquiring coronavirus, experts are offering recommendations and pleas on how to stay healthy.

First, experts recommend that people don't buy and wear face masks unless they are already affected, as the country is beginning to experience a shortage and the masks are only useful for preventing the spread of the virus from one who's already affected, rather than protecting a wearer who has not been infected.

In short, the best way to avoid the coronavirus and any other illness is still to wash your hands with soap and water. WHO has also debunked several mass myths regarding the virus, including how temperature, ultraviolet lights, and hand dryers can kill it.

As the effects of the virus continue to escalate and experts anticipate the situation becoming far worse over time, individuals are encouraged to take measures to stay healthy, and the country's eyes will remain on President Donald Trump and how his administration handles the crisis.

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The nomination appears to be Joe Biden's to lose after moderates coalesced around him



#### The College Reporter

Transparency. Accuracy. Credibility.

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The College Reporter was formed in 1964, as a successor to The Student Weekly, which was formed in 1915 by the union of The F&M Weekly, founded 1891, an The College Student, founded 1881. The crest of The College Reporter was designed in 2004 by Kim Cortes '05.

The College Reporter is a weekly student-edited newspaper, published every Monday except during exam and vacation periods. The website was created by Tim Jackson '12, Christian Hartranft '12, Joshua Finkel '15, and Lauren Bejzak '13. The subscription rate is \$51 per year.

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### FULL STAFF OPINION

BY TCR EDITING STAFF

In recent decades, powerful women have progressively broken down the cultural and social barriers instituted by men barring them from equal rights and leadership positions. Massive strides have been made in nearly every arena of civil life; women earn nearly 60 percent of graduate and undergraduate degrees, make up 125 seats in the United States Congress as of the November 2018 election, and account for 47 percent of the nation's labor force (american progress.org).

Despite the undeniable improvement in the nature of gender equality in the United States, there are still many changes to be made in this regard. Women represent only 4.8 percent of executive positions for the top 500 most profitable United States companies. Even more shockingly, women of color makeup just 18 percent of the civil labor force in total nationwide (vox.com). As of 2017, just 18 percent of directors in Hollywood producing the top 250 top-grossing films were females (american progress.org).

Powerful women such as Nancy Pelosi have created tidal waves in politics as of late, challenging the functionality of our current administration. Women are playing an important role in influencing change in our society while armed with an impressive level of education and awareness.

This past Sunday, March 8, was International Women's Day; we recommend taking time out of your day to thank your incredible female teachers, family members, co-workers, and peers for the impact they have made on your life while expressing support for their endeavors.

### Contributing writer on crosswalk issues, preventing illegal crossing

BY WILL KAY
Contributing Writer

A recent article published in LNP discussed the "crisis" of illegal pedestrian crossings across Harrisburg Avenue near the College Row Apartments, citing a host of potential solutions being examined by the College and the City. As a New Yorker who has himself committed the very crossing discussed in this article (I'm unsure of the statute of limitations on such crimes, so let's see if I get a citation in the mail after this piece is published), I can't help but chuckle at the silliness of the whole kerfuffle. That said, it seems to be an issue both the College and the City want to rectify. With that, though, I think there is a solution far more simple than those that seem to currently be under consideration: just enforce the traffic regulations on the books.

Pennsylvania law is clear here: Title 75, Chapter 35, Subchapter C, § 3543 states clearly that "[b]etween adjacent intersections in urban districts at which traffic-control signals are in operation pedestrians shall not cross at any place except in a marked crosswalk." This is precisely the situation we have here, a mid-block crossing where both ends of the block have traffic-control signals (the lights), and currently the law on the books is not being enforced. Simply



Collective conscientiousness may be able to prevent illegal crossings Photo courtesy of derckandedson.com

put, if law enforcement, be it F&M's Department of Public Safety or Lancaster City Police, were to issue more citations based on this statute, it would disincentivize illegal crossings and likely bring down their frequency, avoiding the safety issue the

I don't mean to sound like a law- More time to cross won't solve that and-order, broken windows conservative, but if the concern is for student and vehicle safety, then enforcement of the laws as they exist in the status quo should be sufficient to quell that concern. I see little need to recruit two different engineering firms and spend Lancaster City tax- less of improved light changes, the come necessary. payer dollars, to come up with some "innovative solution" when a far simpler one exists.

tive, as no one, especially broke college kids like us, wants to lose money for a silly illegal pedestrian crossing citation.

I can already hear letters of response or social media/dining hall cajoles about my calling for greater policing of an already over-policed college community. I understand these concerns, and honestly hold them myself. But the fact remains that the other solutions on the table are over-costly, ineffective, and mistargeted. As the College faces a budget crisis and the community looks to keep itself as safe as possible, increased enforcement of laws on the books seems to be the least disruptive of the potential solutions.

Should you disagree, and I am sure to cross at the crosswalks. While that many will, the solution must be well-intentioned, this is unlikely to a social one. Discourage your friends solve the problem. The concern isn't from making this illegal crossing. Emphasize that they put themselves, drivers, and other pedestrians at risk when they choose to cross that way. Advocate for greater social responsibility amongst your peers. Having made that crossing myself, I am dechanges might help, but it's also a fying my NYC instincts and making matter of convenience. Students go- the commitment here to not do so ing from home to class and vice veragain going forward. Maybe then the sa are fundamentally concerned with problem can solve itself before interexpediency and efficiency. Regard- ventions as discussed in this piece be-

main. Only enforcement of the laws Senior Will Kay is a contributing His on the books will remove that incen- email is wkay@fandm.edu.

## Importance of storytelling: how it evolved, why it still matters

BY OLIVIA CAPASSO

Since the beginning of time, humans have been practicing the art of storytelling. Whether fictional or non-fictional, it is in our nature to communicate stories that are personally or culturally defining. Families have taken great pride in passing down tales for generations that distinguish themselves from others in to millions of Americans is the jour- formation quickly and widely. Howney that their ancestors had made to ever, it limited the audience that was America years ago in search of a more fulfilling life. For many of them, that or a similar story is significant and effective in connecting an individual with his or her sense of culture that may have become diluted over time. Storytelling is a central tradition and form of socializing, education, and communication in American society. With the new dawn of technology, though, that exchange has become a bit interrupted.

Stories were first shared in the form of visual representations and hieroglyphs. The first recorded drawings date back 30,000 years, and reflect a sort of "universal language" that was easily understood by all (reporter.rit. then shared by word of mouth in var- convey messages through the writ-

ious forms, depending on the culture. Native American tribes are known for having traditionally told oral myths, while other groups were more fond of poetry or songs. Most recently, stories have been recorded and told in the form of the written word. The first known indication of script, dating back to 9,000 years ago, was identified on surfaces such as stone, clay, and paper. Then came the printing press, first used in 1440, which came with the unique ability to share incapable of digesting the information to just those who were literate. All of these forms of storytelling are still used today and made more accessible and apparent with technology.

Social media and the internet have played instrumental roles in maintaining the prevalence of storytelling but have shifted the nature of it dramatically. Photos on Instagram independently convey stories, as did the visual representations identified thousands of years ago in caves. Oral storytelling still plays a huge role in social scenes where humans are expected to share memories, among other accounts, and, of course, literature and social media posts proedu). As time went on, stories were vide ample space for individuals to

ten word. The fundamental basis of etal change, it falls short by creating storytelling is still very much present false ideals for the younger generain social media; however, information is often manipulated to have an adverse effect on the audience absorbing the information presented.

The LNP piece suggests one solu-

tion might be to allow for more time

insufficient time to cross, it's simply

that the lights take too long to change

(as the LNP piece acknowledges).

more fundamental problem. And

sure, perhaps more regular light

incentive for illegal crossings will re-

The term "fake news" can be defined as individuals using the power of social media to spread harmful fictional information for personal gain. Degrading photos and posts on Instagram can have a detrimental im- by powerful influencers must be inipact on the minds of youths and suptiated to improve the environment of port a warped perception of gender social media and allow for the art and roles, body image, and what an "ide-tradition of storytelling to thrive. al" life or relationship should look like. Though social media no doubt First-Year serves an important role in connecting so is the individuals, sharing information and stories quickly, and instituting soci-

tions who are growing up with such technology. Storytelling as practiced on social media is effective in that it combines groups of people; however, it is unclear as to whether or not the negative information outweighs the positives that are currently presented. I believe that a movement towards more constructive messages

Capas-Junior Editor. Her email sshin@fandm.edu.



Ways to tell stories have changed, but its cultural significance has not. Photo courtesy of mn2s.com

# Campus Life

#### Student announces upcoming Holocaust remembrance vigil name reading

BY MOLLY LAVOE

Contributing Writer

On Tuesday, March 31st from 9 am to 6 pm in the Steinman College Center Atrium, the F&M Holocaust Education and Remembrance Committee will be hosting F&M's Reading of the Names, a Holocaust Remembrance Vigil Reading. We will recite the names of individuals who perished during the Holocaust. The purpose of the event is to keep the spirits and memories alive of the individuals who passed away during the atrocities of the Holocaust. The committee invites all individuals and organizations to get involved in this event by reading names during ten minute slots. People can sign-up to read names with a group or by themselves. This event is an opportunity for the F&M community to come together to raise awareness and combat anti-semitism and other forms of discrimination towards minority groups that still exist today.

The sign up page is accessible through this link: https:// calendar.google.com/calendar/ selfsched?sstoken=UUZwdDVt-Z2lXVTRqfGRlZmF1bHR8ODg4NzdmNDkyYzI4YjA3YWM-5MmY5ODAwN2NkYzc5NWI

Directions for the link: (\*\*Once you open the link, press "Next that the horrors of the Holocaust how to take an active role in comavailable appointment slot on will be forgotten once there are batting rising anti-semitism in the



all the victims of the Holocaust that lost their lives

Mar 31, 2020. You will then be no longer any survivors left. To able to scroll over the available time slots. Once you sign up, the event will automatically be added to your google calendar\*\*)

This event comes at a very important time, as this year marks the 75th anniversary of the liberation of Auschwitz, the Nazis' deadliest concentration camp. will be alive to share their firstlast generation to meet Holocaust

ensure their stories are never forgotten, it is the duty of the next generation to pass down their stories. It is imperative to teach future generations about mass genocides so they will become aware of the warning signs and how they live out their lives due to blatant can take an active role in standing hatred. Help keep their memories up against hatred and discrimina-This year marks one of the last tion. With the rise in antisemitic anniversaries that many survivors attacks, Holocaust education is more crucial than ever to ensure hand testimonies. With that being history does not repeat itself. said, our generation will be the Consequently, Holocaust education is not just about reflecting on survivors. Many people worry the past but also learning about

world today.

While reading the names seems like a simple task, it means the world to relatives of the victims and members of different communities affected by the Holocaust. There is so much value in reading the names because every name has a story behind it. The name a person may be reading might be the name of a toddler who never had the opportunity to walk or talk. They never had the opportunity to live to their next birthday or to see their wedding day. They had no choice where they would go or who they would become.

Page 5

As members of the F&M community, we have the ability to make choices every day. We get to choose the kind of people we will be. It is up to us to be the people they never could be. We must tell their stories to ensure that this never happens again. Take ten minutes out of your day to recite the names of individuals who never had the opportunity to

If you have any questions regarding the event or the Holocaust Education and Remembrance Committee, feel free to email mlavoe@fandm.edu

First Year Molly LaVoe is a Contributing Writer. Her email is mlavoe@fandm.edu

### Senior Yoni Weiss on effective meal plan usage at campus dining options

**BY YONI WEISS** Coontributing Writer

What's going on with all these new meal prices? Back when I was a first-year, almost everything was one meal swipe, no questions asked. With the increase in on-campus meals requiring both a meal swipe and flex dollars, using a meal plan just doesn't seem to be nearly as easy anymore. Meal plans are certainly not inexpensive, and their cost is only going up. Is there anything you can do to counter their rising cost? Yes, there is! You may not be able to lower the cost of your meal plan, but you can get a better idea of how you can use your swipes to make the most of what you paid for! In this short piece, I'll give you a quick and easy breakdown of my recommendations for which dining locations to use meal swipes at and which to reserve for flex dollars. If you follow these simple

steps, you'll not only use close to your whole plan, but you'll also get more meals out of it! Let's not waste any time, here are my recommendations:

Dining Location: Recommenda- and dinner is \$20.60 flex

Dining Hall: Meal Swipe

Blue Line: Meal Swipe Meals, Flex Snacks

Flavors (LSP): Meal Swipe Meals, Flex Snacks

Mein Bowl (SCC): Flex

Grill on the Green (SCC): Meal Swipe

Simply Salads (SCC): Meal Swipe

These recommendations are how you get the best value for one tions. Let's see why.

Dining Hall: Dhall is the most miss very very much). Do keep in straightforward of them all: if you mind that at Blue Line, flex dolgo to dhall use a meal swipe to ac- lars won't get you nearly as much cess the all-you-can-eat buffet. In food as your meal swipes will. case you were wondering, break-

meal swipe is equivalent to \$6 Flavors' lunch options where you flex. That will be plenty for your can get a meal, chips or fruit, and favorite coffee, as most only cost a drink with a single meal swipe. around \$3.50. When you purchase When I fall for one of their mufa meal using a swipe, though, you fins or cookies, though, I'll use get a 12 oz. drink as well, which flex dollars and so should you! gets you nearly \$10 worth of food The difference here is that Flafor only \$6. Some of those op- vors doesn't have a set amount tions require \$2 flex in addition, of how many flex dollars make but you still come out ahead by a meal swipe. Either you can pay almost \$2. Now, if you are just with a meal swipe or you can flex getting a snack or really just want your purchase. your favorite coffee, consider using your flex dollars. Specifi- twist? At Mein Bowl, your flex cally, use flex if the cost comes dollars are more valuable than out to less than \$6. Don't let this your meal swipes. How? For prevent you from buying snacks starters, one meal swipe is equivat Blue Line. I, too, bought my meal at each of these dining loca- fair share of those amazing Nutella cookie sandwiches (which I

Flavors: Flavors is very similar fast is \$11.70, lunch is \$19.26, to Blue Line, with a minor twist. Like Blue Line, meal swipes give Blue Line: At Blue Line, a you much better value. Consider

Mein Bowl: Ready for this

see MEALPLAN, page 6

The College Reporter The College Reporter Page 6 Page 7

## Campus Life

#### **Meal Plan:** How to best manage F&M's multifaceted student meal plan, navigating meal swipes, flex money, various dining options

continued from page 5

alent to \$5 flex— the least of the on-campus dining locations.

Next are the prices: the cheapest meal, at \$7.19, includes one entrée and one side. As for the sushi, the cheapest option is the vegetable roll, ranging from \$5.59 to \$11.49. Most items are more than \$5, meaning that they require you to use both a meal swipe and additional flex dollars for your purchase. Some meals are even over Grill on the Green: Everything \$10, meaning that you would have to use two meal swipes and additional flex dollars just for one meal! Consider how much food you get with one swipe at dhall and then

chase your meal with flex dollars by using your meal swipes here. and pocket those swipes for another location. The last thing is that pay- Simply Salads: Like at the Grill on that the best way to use your meal ing with flex means you'll need to the Green, using your meal swipes flex your drink as well. No matter, drinks are only \$2.49 and you still save more by using flex! To their credit, though, Mein Bowl has come out with smaller sized meals available for a single meal swipe. Somewhat surprisingly, this may be the best valued meal they have.

here can be purchased using a meal swipe and comes with a drink, so meal swipes are the way to go. Meal swipes are still equivalent to see that here, you get less food for the meals cost more than that. Not

more swipes. So instead, just pur- only do you save, you also get more tually get more for your money by

are the best option here. Additionally, the new soup and salad combo (with a drink) is the best valdollars. One meal swipe gets you a salad, regardless of size. Meals swipes are the winner here.

that the number of flex dollars that are equivalent to one meal swipe varies across the different dining lo- Senior Yoni Weiss is a Con-\$5 flex, and, believe it or not, all of cations on campus. This means that tributing Writer. His email in certain dining locations, you ac- is

paying with flex dollars. The last but most important tip I can give you is plan to its full potential is to monitor your swipes. By checking in on what you have remaining, you can see if you are running low on one ue. Note that your salad price is commodity and switch over to the based on weight— the larger your other. To help with this, there is an salad, the higher the price in flex online portal which allows you to see what you have spent and what you have left. By taking just a few minutes to remember this, you'll maximize your meal count from The take away from all of this is your meal plan and will get the most out of what you paid for!

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#### Professor Julie Smith informs students about misinformation in media

BY NINA KEGELMAN Staff Writer

This week's common hour speaker was Professor Julie Smith, MS of Webster University School of Communications. A world-wide speaker and author of the book Master the Media: How Teaching Media Literacy Can Save our Plugged-In World, Smith presented her talk "How to Spot Disinformation in Today's Media" to the common hour community. Packed with silly GIFs and ironic visuals, Smith's presentation explored the challenges of finding reliable sources in a politically polarized era and offered suggestions for safety and credibility online.

For Smith, media literacy boils down to critical thinking. She walked the crowd through the knowledge and skills necessary for critical engagement with the practice to spot disinformation. "Google Reverse Image search" ily, Smith underscored the impormedia. First, she defined what is Self-checking, for example, means tool. Whether it be a fishy Twitter tance of exposing disinformation called "sticky" media in her field: gauging the emotional response post or a bot account's profile pic- even when it's uncomfortable. media that makes money from the a headline or story gives us. If it ture, this tool can check the inter- As long as it's done with respect attention it receives. For example, Facebook is sticky media. In questioning the credibility of our news sources. Smith encourages us to determine their "stickiness." With today's media frenzy over the coronavirus, she warns that the media has nothing to gain by downplaying the public health threat. By revving us up, the media ensures we "tune in and stay tuned in."

Smith turned towards the importance of committing to the quest for authentic information. Amidst political polarization like we see today, we tend to stay within certain

not to seek out media we disagree always read statistics. She also diswith, which makes us blind to po-tinguished between what are called tential misinformation. Regardless of political affiliation or news out- Shallow fakes are forms of media, let preference, Smith urges us to all like videos, whose original content ways check for authenticity.

Just because a website is designed well, for example, that doesn't mean it is a credible source. She shared some examples of her students' work for an assignment tasking them with inventing real-looking fake news headlines. "Queen Elizabeth Dead at 93," read one of the designs, an uncanny imitation of NBC's digital imagery. Smith shared that the student who had created the headline said the assignment scared him because it and unusual blinking patterns to famous example of the Nixon vs. made him feel so powerful.

Aside from not falling prey to savvy-looking sites. Smith also really happened, it's probably fake. with carefully construed footage. listed certain behaviors we can makes you feel very strongly, be net for other sites using the same and privacy, calling out friends it happy, sad, or upset, chances image. She also recommended for spreading misinformation ourare, it's not a very credible source, running your own photos through selves is the best way to stop it from Smith warned. Self-checking also Google Reverse Image to be sure spreading. Lastly, Smith added that demands that we check our own other sites aren't using them with- some news is better than no news "baggage." What opinions or biases do we already have towards Smith added, are easy to spot for es, which purposely misinform for this issue? How are we shaping our own communication experiences?

ious sorts of visual manipulation pervasive in today's media. With platforms like Facebook and Twitter, which were never intended to be usage, and capitalization. news sources, gaining popularity,

"deep fakes" and "shallow fakes." is altered for a desired effect. Smith used a video of a speech by Nancy Pelosi, which had been slowed down for dramatic effect, in which Pelosi appeared drunk, to illustrate this type of fake. Deep fakes, on the other hand, interfere with the original content of a source, making a subject appear to be saying or doing something that never happened. Smith recommended looking for facial discolorations, strange lighting, blurriness around the neck,

errors in verb conjugation, article independently.

digital trickery is practically inev- eral useful fact-checking tools, Writer. Her email is nkegelma@ "ideological bubbles." The media itable. Smith showed examples of like Google fact-check explorer, fandm.edu

is no exception to this phenom- misleading charts and graphs, ad- snopes.com, watchframebyframe. enon. Smith claims that we tend vising viewers to check sources and com, trendsmap.com, and hoaxslater.com. She left the crowd with questions to ask themselves when examining the media: How could this message be interpreted differently? What information does it leave out? How else could I look at

The question portion of the talk included discussions about the media and political debates, how to call out friends for posting misinformation, how to find objective sources, and opinions on satirical news like The Onion, The Daily Show, and Saturday Night Live.

Smith recommended reading transcripts rather than watching political debates, pointing to the spot deep fakes. And of course, if Kennedy debate in 1960. Appearthe content is just too weird to have ances can be deceiving, especially Smith also emphasized the As for calling out friends and famout permission. Bots on Twitter, when it comes to satirical sourctheir lack of followers, the type of comedic effect. However, advising accounts they follow (only wom- that there is no "one truly objective Next, Smith explained the var- en, perhaps), or strings of numbers source," Smith encouraged collecfollowing their username. If a bot tion of news from various different chats you up, it will likely show sources and drawing conclusions

Smith finished by listing sev- Junior Nina Kegelman is a Staff

## Arts & Leisure

#### Student organizes "Apollo Night" show to celebrate Black History Month

BY ZOE ROBINSON

Contributing Writer

This past weekend, I attended Apollo Night, a show put on by F&M junior, Rawchaayah Charles, in celebration of Black History Month. Rawchaayah, or the performance was that iden-"Rocky," as some of her friends affectionately call her, is a force even within the black community. to be reckoned with. I've had the great honor of knowing Rocky since our freshman year at F&M. She's the type of person that when she speaks, you listen. When I found out about Apollo Night, cultural backgrounds. She was I was excited to go and only very conscious about showing thought of it as a simple closing off the different identities withevent for Black History Month, in blackness and wanted it to be where a few people would sing a a cross-cultural event. Through song or two. What I did not ex- every step, Rocky said that she pect, however, was the depth of "talked to people who came from creativity, passion, and pride in a host of different backgrounds. the Black identity reflected on such as Africa, the Caribbean,

Rocky hails from Brooklyn, New York, but she grew up within the Caribbean culture that her family brought with them when they immigrated from Jamaica and Haiti. When I asked her what inspired her to put on the event, she responded simply, "to get all the black people together." She wanted to bring the community

not only in the performance itself that she wanted to showcase that but the way she talks about the within being black, "we are all planning process as well. For her different which is so beautiful. it was important that "every per- Everyone brings so much to the son felt involved and was hands table, and I think it's super im-

One core idea that ran through the same, which is fun." tity isn't one-dimensional, not Coming to F&M was one of the first times that I had been able to talk to people within the African diaspora who proudly expressed the melange of their various and people who identify as Afro-Latina throughout the planning

She also choreographed the entire thing, aside from the Latin section. Her research was extensive. She noted that she would "spend hours watching youtube videos of specific types of dance" and then would go to the studio together and saw Apollo Night as formulate the idea last semester, that she never quite expected. Her what I had previously planned." friends. thoughtfulness and love for her Her only rule was that the percommunity is clearly reflected formers had to be black and in was clear to me that Rocky was zrobins1@fandm.edu.

portant to show that we are all not

From the audience, I felt the enthusiasm of all the dancers and the pride that they felt in their identities. Rocky had given them a literal stage and they were able to create a space for themselves in a society where the only art forms that are appreciated and praised are very eurocentric. The dancers and the singers all expressed Junior Rawchaayah Charles organized their gratitude for not only having the opportunity to show off their member that the personal impact the performance had on the black community was even bigger than we could have imagined.

identity can be complicated ones. very affirming to see my identity slowly began last semester, but in really start until February, and I while performing made me feel than I had before. the end, it turned into something actually changed everything from like I was cheering on my best

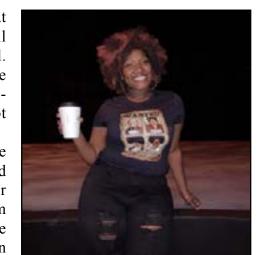


Photo courtesy of Rawchaayah Charles

and single-handedly choreographed the majority of the show.

craft but also to be included in the intentional in reflecting her love project. It was evident not only for her community in the perforto them but to me as an audience mance. What Rocky was able to do wasn't an easy feat. It was something that all true black creatives strive to do: write a love letter to the black community. Black is The ideas of belonging and beautiful, talented, multidimensional, and something that can From what society tells us to what hardly be summed up in an hour's we tell ourselves, we carry expe- performance. However, she was riences with us that colors how able to capture it. Walking out of we view ourselves in relation to the performance, I knew I had just our community. For me, it was witnessed something that words could not explain. I felt myself and practice. While she began to on stage, and even though I might thanking Rocky and my communot have known every person nity for showing me how to love the perfect opportunity. The idea she told me that "practice didn't there, the pure joy on their faces my blackness just a little bit more

> Junior Zoe Robinson is a Con-Throughout our interview, it tributing Writer. Her email is

#### Classics Department sponsored screening of Agrippina Opera for "Classical Day"



Photo courtesy of metopera.org.

For "Classical Day" on Saturday, February 29th, the Classics Department sponsered a trip to Lititz, PA to view a live screening of the Metropolitan Opera's Agrippina.

**BY ALEX PINSK** Editor-in-Chief

On Saturday, February 29th, ed to attend a live screening of the an opera in three acts which tells

hosted its annual "Classical Day,"

the F&M Classics Department Metropolitan Opera's Agrippina. the story of Agrippina's attempt

Agrippina, originally written to take down the Roman Emperduring which students were invit- by George Frideric Handel, is

continued on page 8

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## Arts & Leisure

### Agrippina: Live screening of Met Opera for "Classics Day"

#### continued from page 8

or, Claudius. Agrippina, in turn, intends for her son Nerone, and consequently herself, to take power. The opera embodies the ravenous power struggle extant in the context of ancient Roman society, complete with themes of humor, ambition, desire, and con-

"casting of a woman for the role was amazed with the performers' bless the future of Rome. This of Nero was clever and captivat- control of their bodies. The fact was a happy ending, to the dising," said Ben Grove '20. The that they were able to move in the may of a few students. However, "voices of every single character ways they did while singing was we can expect nothing less from a were incredible," Grove contin- incredible," commented Sara Vi- Roman comedic performance. ued, but he thought Nerone's was telli '20. particularly noteworthy.

stream setting was quite effective. also with backstage conversation del's finest, but also to witness While the audience was not sitting directly in front of the stage thermore, the subtitles were pre- many at the actual Met could say. The casting of the piece was at the Metropolitan Opera House sented directly on the screen, so The performers led with gravitas, particularly striking. Joyce Di- at Lincoln Center at the time of we did not have to look above the wit, and, of course, astonishing Donato carries the show, play- the performance, we were still stage or by our seats, as we may talent." ing the role of "power-hungry" very much able to engage with Agrippina (metopera.org). She the performance. The live-stream captivates the audience with her allowed for the camera to zoom- story a new tone and made the Classical Day and providing stuimmense vocal range and au- in on the stage, providing us with content more applicable to the dents with the opportunity to obthoritative presence, particularly an up-close view of the characters modern day. "Agrippina was a serve their classical education in in her "Pensieri, voi mi tormen- and the set. It gave us a clearer tate" (Thoughts, you torment picture of costumes, movements, me) performance. Perhaps most and stage angles. Students noticed distinctive is the role of Nerone, that with these up-close shots, the played by Kate Lindsey. Nerone nuances of each individual char- Nerone takes the throne, and tor-in-Chief. Her email is mpis a male character; however, the acter became more apparent. "I Claudio calls upon the gods to insk@fandm.edu.

I found that watching the opera viding us with not only an up- performance was a "rare opportudirected for and suited to a live- close view of the performance but nity to not only see one of Hanand interviews with the cast. Furit close-up—which is more than have had to do at the Met itself.

modern take on a power struggle a new context. common to the ancient elite," said

Perhaps Kyra Lisse '22 puts it The show was spectacular, pro- best, claiming that attending the

Many thanks to F&M's Clas-The modern setting gave the sics Department for sponsoring

Ultimately, Agrippina wins. Senior Alex Pinsk is the Edi-

#### Callaloo Trinidadian Kitchen on 351 N Mulberry Street is a must-try spot

#### BY DIANA LICHTENSTEIN Staff Writer

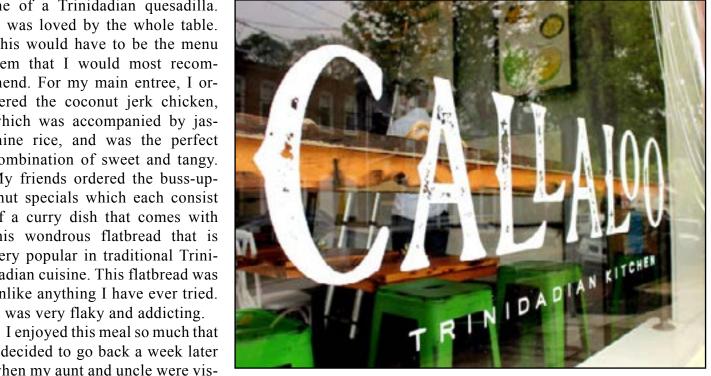
The vast amount of incredible and unique restaurants that Lancaster has to offer always amazes me. It also amazes me that it has taken a year and a half for me to try or even hear about certain restaurants that will now forever My friends ordered the buss-upbe a part of my restaurant rotation. One example of this is the Trinidadian restaurant called Callaloo located not too far from campus. I went for the first time a few weeks ago and, unbeknownst to me, this restaurant was already a fan favorite among many students. When I was telling my friends that I was I decided to go back a week later

raved and gave dish recommenda-

could not wait to give Callaloo a try. When I stepped into the restaurant, I was consumed by delicious smells of spices wafting over me. The interior was so quaint and inviting. It felt like I was in someone's home. When I was seated, I glanced over the menu and everything looked delicious. The staff was so welcoming and helpful in choosing what to order. My friends and I decided to start with the aloo pepper roti—a crisp roti filled with cheese and spicy potatoes. It reminded

me of a Trinidadian quesadilla. It was loved by the whole table. This would have to be the menu item that I would most recommend. For my main entree, I ordered the coconut jerk chicken, which was accompanied by jasmine rice, and was the perfect combination of sweet and tangy. shut specials which each consist of a curry dish that comes with this wondrous flatbread that is very popular in traditional Trinidadian cuisine. This flatbread was unlike anything I have ever tried. It was very flaky and addicting.

planning to go, almost all of them when my aunt and uncle were visiting me. I was concerned because they have such sophisticated paltions. Some even said that it was ettes and high standards when it their favorite restaurant in all of comes to restaurants, so the pres-After all of this high praise, I sure was on for me. Upon arrival for the second time, I decided to switch up the ordering. We started with the doubles—fried flatbreads topped with chickpeas. The flatbreads were surprisingly light and the chickpeas were so flavorful. In addition, we ordered the fried chicken bao buns, which I was told were big hits at Callaloo. There was a good reason for this. The buns were soft and the chicken was crispy. There was a delectable sauce that coated these mini sandwiches that I am still dreaming about. My aunt and I ordered



Callaloo is a Trinidadian restaurant located downtown. They serve a variety of dishes from flatbreads and chicken dishes to Trinidadian quesadillas.

the same thing as our main dish: ed me for choosing this lovely delicious affirmed my notion that peanut allergy. everything on this menu must be delicious to some extent.

and aunt not only compliment- en@fandm.edu

the chicken curry buss-up-shut restaurant, but even noted that it special. The curry was filled with was the best place they had been large chunks of chicken perfectly to in months. Maybe that was just cooked alongside potatoes, chick- to flatter me, but either way, I was peas, and pumpkin. It was tasty, content. Please, students, faculty, but the real star of the show was or anyone reading this, try Calthat flaky bread. For dessert, we laloo. I swear that I would not tried the ginger and lemongrass steer you wrong. Even notorious crème brûlée. I am usually not a picky eater, sophomore Savannah huge fan of crème brûlée, so the Familo said she would potentially fact that this was so over the top try Callaloo if it weren't for her

Sophomore Diana Lichtenstein is I was so happy that my uncle a Staff Writer. Her email is dlichtF&M Track and Field set new personal bests in CC Championships

Sports Editor F&M hosted the track and field track and field also excelled on F&M. It should be exciting to see placed ninth out of nine teams. Centennial Conference Champi- day one. Junior Aaron Digrego- if they grow and continue to in- Both the men's and women's onships this past Saturday, Feb- rio finished in 9th place in the crease their time in this relay for track and field teams for Johns ruary 29th and Sunday, March prelims of the 60 hurdles with a years to come. 1st. At the end of the first day of time of 9.68. Meanwhile, sophocompetition, the F&M women's more Isaiah Chery finished 9th in of Harley Weldhom, first year track and field team finished in the prelims of the 60 dash, with Alexander Fillman, Ryan Braun, finished, F&M is moving into its sixth place out of ten teams. The a time of 7.31. Chery, DiGre- and first year Jack Emrey fin- spring season. They will compete men's track and field team held gorio, junior Harley Wedholm, down the ninth spot at the end of and junior Ryan Braun finished of 8:09:16. They were less than on Saturday, March 28th. day one. Many Diplomats set person- 1:36.28, just four seconds away

F&M women's track and field team win gold in the 4x800m

relay. Read more below..

**BY JAMIE BELFER** 

al records on the first day. Both throwers, Emma Steffan and Rachel Caruso set new personal bests in the weight throw. Sopho- both the women's and the men's more Emma Steffen clinched fifth teams by earning the highest place, throwing an impressive number of points. The women's distance of 12.88m. First year team garnered 97 points, while Rachel Caruso finished 12th with the men's team earned 51 points. a personal best of 9.23m.

celled on the first day as well.

fourth in the 4x200 with a time of three seconds away from placing from the bronze.

competition, Johns Hopkins led

The Diplomats had a fantastic The women's relay teams ex- day two at the Centennial Conference Championships. The Sophomore Laura Greene, senior biggest, most impressive win of Emily Natoli, first year Sydney the day for F&M was the wom-Dzenutis, and sophomore Alexis en's 4x800 race. Sophomore June Salerno came in third place in the Sanchez, Alexis Salerno, sophodistance medley with a time of more Laura Greene, and first year 12.28.29 to bring home a bronze Sydney Dzenutis set a Centennial medal. Emily Natoli, first year Conference record with a time of Abby Lienhard, sophomore Kate 9.29.20. This time was more than Klaver, and senior Sabrina Pic- one second faster than the Cencinini came in eighth place in tennial Conference record, previthe 4x200m relay with a time of ously held by Swathmore. These

Members of F&M's men's years as collegiate athletes at and the men's track and field team

Franklin & Marshall Sports

The men's 4x800m relay team first place. in third.

At the end of the first day of the F&M women's track and field jbelfer@fandm.edu.

runners are only in their first two team placed 8th out of 10 teams Hopkins University finished in

A Zamboni driver becomes victorious goalie for

Carolina Hurricanes. Read more below...

With the CC championships ished in fourth place with a time in the Little Three Meet at F&M

Sophomore Jamie Belfer is At the end of the second day, the Sports Editor. Her email is



The F&M women's 4x800 relay team earned first place in their race. This team was composed of Laura Greene, Alexis Salerno, June Sanchez, and Sydney Dzenutis.

### Zamboni driver, age 42, becomes oldest goalie to win regular season debut

BY GABBY GOODWIN

Managing Editor

42-year-old Zamboni driver for Entering the game in the sec-Mrazek.

I did think it was a prank," the just have fun" (today.com). 42-year-old father of three said.

gency goalie in attendance who David Ayres thought his days of is available to both teams. Ayres long over when he underwent a Mattamy Athletic Centre, a local kidney transplant 15 years ago. arena in Toronto, where one of It turns out, however, that he had his jobs is to drive the Zamboni one more game left, and this game to smooth the ice in the rink. On would be played in front of more Saturday night, however, his job than 18,000 people. On Saturday, was quite different when he came Baldwin has named February

the Toronto Marlies, was forced ond period with the Hurricanes 90 Ayres jerseys with proceeds into action as an emergency goal- leading 3-1, Ayres had a shaky ie for the Carolina Hurricanes, start, allowing two quick goals, due to injury of both Hurricane but he quickly settled down with goalies, James Reimer and Petr a save in the second period and seven more in the third. "I was In an interview with TODAY, confident until I hit the ice, and Avres said that he initially thought then I got terrified." Avres said. it was a joke when he was told to "One of the players came down to suit up, as he would be filling in me, and he said, 'Just relax, this is as an emergency goalie for the gonna be fun for you, have a good Carolina Hurricanes against the time with it. We don't care how Toronto Maple Leafs. "Actually, many goals you let in, and let's

"When the guy first came into the third period to help clench a 6-3 room, he said, 'Get your stuff on, win for the Hurricanes. By the we're going out on the ice,' I said, end of the game, the crowd was Senior Gabby Goodwin is the 'Are you serious?" (today.com). in a frenzy, and Ayres received a Managing Editor. Her email is The NHL has a rule mandating standing ovation by the Toronto ggoodwin@fandm.edu.

that home teams have an emer- crowd despite beating their team. On February 22nd, Ayres became the oldest goalie in NHL history playing competitive hockey were is the director of operations at the to win his regular season debut at 42 years and 194 days. He was paid \$500, and his stick was sent to the Hockey Hall of Fame in

Raleigh Mayor Mary-Ann February 22nd, David Ayres, a to the rescue for the Hurricanes. 25th "David Ayres Day," and the Hurricanes are selling special No. going to a kidney transplant foundation in his name.

Ayres became just the third emergency goalie to ever play in an NHL game in the modern era, and the first since Scott Foster was used for a 14-minute stretch with the Chicago Blackhawks in 2018. Ayres said Foster sent him a text message the following day congratulating him on his performance (today.com). In no other sport can an average Joe arrive at Ayres shut out Toronto in the work expecting nothing, only to leave it a hero.



David Ayres was called in as an emergency goalie to play for the Carolina Hurricanes.